



# General Medicine

### **General Medicine**

#### Overview

General Medicine Course at Mediversal Academy is your gateway to a fulfilling and impactful career in healthcare. Designed for aspiring medical professionals, this comprehensive program equips you with the knowledge, skills, and practi-cal experience needed to excel in the dynamic field of general medicine.

With a curriculum that spans a wide spectrum of medical topics, expert hands-on training opportunities, faculty members, and our course to pro-vide primary healthcare services effectively. prepares you Whether you're recent graduate experienced а or an healthcare professional looking to expand your horizons, our General Medicine Course is your stepping stone to a successful and rewarding career.



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### **Topics**

| Cardiology                         | 088 Videos |
|------------------------------------|------------|
| Clinical Ethics                    | 027 Videos |
| Clinical Neurology                 | 113 Videos |
| Dermatology                        | 053 Videos |
| Endocrinology                      | 053 Videos |
| Family Medicine                    | 045 Videos |
| Gastroenterology                   | 014 Videos |
| Gynaecology                        | 018 Videos |
| Diseases of the Ear, Nose & Throat | 012 Videos |
| Haematology                        | 002 Videos |
| Immune System                      | 037 Videos |
| Infectious Diseases                | 099 Videos |
| Nephrology                         | 015 Videos |
| Nutrition                          | 016 Videos |
| Pediatrics                         | 043 Videos |
| Physical Examination               | 091 Videos |
| Psychiatry                         | 020 Videos |
| Pulmonology                        | 036 Videos |
| Radiology                          | 038 Videos |
| Rheumatology                       | 017 Videos |
| Personal & Business Skills         | 029 Videos |

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## Cardiology

# Cardiology

| • | Cardiac Diseases                       | 40 Videos |
|---|--|-----------|
| • | Electrocardiogram (ECG) Interpretation | 44Videos  |
| • | Cardiovascular Cases                   | 30 Videos |

### Vascular Medicine

| • | Arterial Diseases                | 38 Videos |
|---|----------------------------------|-----------|
| • | Venous Diseases                  | 22 Videos |
| • | Inflammatory Vascular Diseases   | 06 Videos |
| • | Vascular Malformations           | 05 Videos |
| • | Diseases of the Lymphatic System | 07 Videos |



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#### **Cardiac Diseases**

- Definition Heart Failure
- Pathophysiology Heart Failure
- Types Heart Failure
- Causes and Symptoms Heart Failure
- Testing on Patients and Therapy Heart Failure
- Classification Congenital Heart Disease
- Obstructive Congenital Heart Lesions Congenital Heart Disease
- Congenital Heart Lesions Congenital Heart Disease
- Conclusion Congenital Heart Disease
- Anomalous Coronary Arteries Congenital Heart Disease
- Changing Concepts Valvular Heart Disease
- Aortic Stenosis Valvular Heart Disease
- Bicuspid Aortic Valve Valvular Heart Disease
- Aortic Sclerosis Valvular Heart Disease
- Aortic Regurgitation Valvular Heart Disease
- Mitral Stenosis and Mitral Regurgitation Valvular Heart Disease
- Tricuspid Regurgitation Valvular Heart Disease
- Pbvlaque Coronary Artery Disease
- Acute Coronary Syndrome Coronary Artery Disease
- Six Areas of Consensus Coronary Artery Disease
- Four Areas of Controversy Coronary Artery Disease
- Diseases of the Heart Muscle Cardiomyopathy
- Dilated Cardiomyopathy Cardiomyopathy
- Secondary Dilated Cardiomyopathy Cardiomyopathy
- Hypertrophic Cardiomyopathy Cardiomyopathy
- Restrictive Cardiomyopathy Cardiomyopathy
- Therapy Cardiomyopathy
- Reading ECGs and Identifying Arrhythmias Cardiac Dysrhythmia

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- Conduction System Cardiac Dysrhythmia
- ECG Trace Cardiac Dysrhythmia
- Sinus, Atrial and Ventricular Rhythm Cardiac Dysrhythmia
- Reading ECGs Cardiac Dysrhythmia
- Complications of Hypertension Hypertension
- Therapy Hypertension
- Diuretics Hypertension
- Renin Angiotensin Aldosterone System Hypertension
- Beta and Calcium Channel Blockers Hypertension
- Other Forms of Therapy Hypertension
- Cardiac Trauma
- Cardiac Tumors

# Electrocardiogram (ECG) Interpretation

- How to Read an Electrocardiogram (ECG): Introduction
- Cardiac Action Potential
- Standard 12 Lead ECG
- Systematic ECG Interpretation
- ECG Case: 22-year-old Man with Anterior Chest Pain
- Review of Normal ECG
- ECG of Myocardial Infarction (MI): STEMI vs. NSTEMI
- ECG of Inferior Myocardial Infarction (MI)
- ECG of Anterior Myocardial Infarction (MI)
- Abnormal Q Waves: ECGs of Healed Myocardial Infarction (MI
- Abnormal T Waves: Differentiating Pericarditis from Myocardial Infarc-tion (MI)
- ECG Case: 67-year-old Diabetic Man with Low Blood Pressure

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- ECG Case: 17-year-old Man with Pressure Feeling under Sternum
- ECG of Ventricular Hypertrophy
- ECG of Atrial Enlargement
- ECG Case: 52-year-old Man with Shortness of Breath
- ECG Case: 44-year-old Woman with Shortness of Breath and Fatigue
- Review of Cardiac Conduction System
- Bundle Branch and Fascicular Blocks
- ECG Case: 70-year-old Man with Acute Anterior MI
- Sick Sinus Syndrome and Sinus Exit Block
- First-degree AV Blocks
- Second-degree AV Blocks
- Third-degree AV Blocks
- ECG Case: 88-year-old Man with Syncope
- Supraventricular Arrhythmias: Introduction
- ECG of Atrial Premature Beats
- ECG of Supraventricular Tachycardia
- ECG of Atrial Flutter and Fibrillation
- ECG of Nodale Extra Systoles
- ECG Case: 80-year-old Woman with Palpitations and Shortness of Breath
- Types of Pacemaker
- How to Read a Pacemaker ECG
- Implantable Cardiac Defibrillator (ICD) Pacemaker
- ECG Case: 77-year-old Man with Pacemaker
- ECG of Premature Ventricular Contraction (PVC)
- ECG of Ventricular Tachycardia and Cardiac Arrest
- ECG of Torsades de Pointes
- ECG Case: 40-year-old Woman with 'Extra Heart Beats'
- Effects of Electrolyte Abnormalities on the ECG
- Effects of Drugs on the ECG
- ECG Case: 65-year-old Man with CRF Misses Dialysis

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- How to Read an ECG: Conclusion
- Power ECG Case Session

#### Cardiovascular Cases

- Cardiac Case: 57-year-old Man with Substernal Chest Pain
- Cardiac Case: 62-year-old Woman with Fever and Epigastric Discomfort
- Cardiac Case: 44-year-old Man with Indigestion during Exertion
- Cardiac Case: 46-year-old Woman with Shortness of Breath when Walking
- Cardiac Case: 77-year-old Man with Shortness of Breath and Palpita-tions
- Cardiac Case: 76-year-old Man with COPD and Sudden Increase in Shortness of Breath
- Cardiac Case: 19-year-old Man with Central Chest Pain Worsening when Breathing
- Cardiac Case: 55-year-old Man with Sudden Anterior Chest Pain
   Radiating to Back
- Cardiac Case: 82-year-old Man with Syncope
- Cardiac Case: 54-year-old Woman with Breast Cancer and Dyspnea
- Cardiac Case: 45-year-old Man with Alcohol Intake after Minor Traffic Accident
- Cardiac Case: 21-year-old Woman with Fatigue and Shortness of Breath when Exercising
- Cardiac Case: 56-year-old Man with Dyspnea and Ankle Edema
- Cardiac Case: 86-year-old Woman with Shortness of Breath during Annual Checkup
- Cardiac Case: 72-year-old Man with Dyspnea at Rest and Inability to Lie
   Flat

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- Cardiac Case: 18-year-old Woman with Murmur
- Cardiac Case: 68-year-old Woman with Murmur and AbnormalHeart
   Valve
- Cardiac Case: 24-year-old Man with Asymptomatic Murmur
- Cardiac Case: 67-year-old Woman with Cardiac Arrest
- Cardiac Case: 18-year-old Woman with Fast Heart Beat and Shortnes of Breath
- Cardiac Case: 79-year-old Man with Pacemaker and Recent Dental Procedure
- Cardiac Case: 22-year-old Woman with Fever and Ankle Edema after Long-term Heroin Abuse
- Cardiac Case: 61-year-old Man with Substernal Chest Discomfort,
- Shortness of Breath and Diffuse Sweating
- Cardiac Case: 17-year-old Man with High Blood Pressure
- Cardiac Case: 42-year-old Woman with Joint Discomfort, Low Grade Fever, and Dyspnea
- Cardiac Case: 62-year-old Man with Shortness of Breath and Peripheral Edema
- Cardiac Case: 22-year-old Woman with Leg Edema, Dyspnea and Fatigue
- Cardiac Case: 38-year-old Woman with Shortness of Breath and Inability to Lie Flat after Childbirth
- Vascular Case: 72-year-old Man with Foot Pain and Gangrenous Left Hallux
- Vascular Case: 37-year-old Man with Elevated Blood Pressure after Motor Vehicle Accident

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#### Vascular Medicine

#### **Arterial Diseases**

- Atherosclerosis: Definition
- Atherosclerosis: Etiology
- Atherosclerosis: Pathogenesis
- Atherosclerosis: Histopathologic Consequences
- Atherosclerosis: Diagnosis
- Atherosclerosis: Therapy
- Atherosclerosis: Summary
- Buerger's Disease: Definition and Etiology
- Buerger's Disease: Symptoms and Therapy
- Raynaud's Disease: Case, Definition & Pathogenesis
- Raynaud's Disease: Symptoms, Diagnosis and Therapy
- Buerger's and Raynaud's Disease: Summary
- Peripheral Artery Disease: Definition
- Peripheral Artery Disease: Pathogenesis
- Peripheral Artery Disease: Summary
- Aortic Aneurysm: Example
- Aortic Aneurysm: Definition
- Aortic Aneurysm: Etiology
- Aortic Aneurysm: Diagnosis
- Aortic Aneurysms: Summary
- Dissection of the Aorta: Etiology
- Dissection of the Aorta: Symptoms
- Dissection of the Aorta: Therapy
- Renal Stenosis and Fibromuscular Dysplasia
- Dissection and Renal Artery Stenosis: Summary
- Hypertension: Example

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- Hypertension: Definition & Forms
- Hypertension: Pathogenesis and Symptoms
- Hypertension: Etiology (Neural Blood Pressure Control Mechanisms)
- Hypertension: Etiology (Humoral Blood Pressure Control Mechanisms)
- Hypertension: Etiology (Risk Factors)
- Hypertension: Symptoms
- Hypertension: Epidemiology
- Hypertension: Summary
- Hypotension and Shock: Definition
- Hypotension and Shock: Pathogenesis
- Hypotension and Shock: Therapy
- Hypotension and Shock: Summary

#### **Venous Diseases**

- Venous Diseases: Overview
- Thrombosis: Examples
- Thrombosis: Consequences of Venous Thromboembolism
- Thrombosis: Summary
- Varicose Veins: Definition
- Varicose Veins: Etiology
- Varicose Veins: Pathogenesis
- Varicose Veins: Symptoms
- Varicose Veins: Diagnosis
- Varicose Veins: Summary
- Deep Vein Thrombosis: Definition
- Deep Vein Thrombosis: Epidemiology
- Deep Vein Thrombosis: Etiology
- Deep Vein Thrombosis: Risk Factors
- Deep Vein Thrombosis: Pathogenesis

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- Deep Vein Thrombosis: Symptoms
- Deep Vein Thrombosis: Therapy
- Deep Vein Thrombosis: Summary
- Pulmonary Embolism: Definition
- Pulmonary Embolism: Diagnosis
- Pulmonary Embolism: Pulmonary Contrast Angiogram
- Pulmonary Embolism: Summary

# Inflammatory Vascular Diseases

- Inflammatory Vascular Diseases: Definition
- Inflammatory Vascular Diseases: Classification
- Inflammatory Vascular Diseases: Summary
- Polyarteritis Nodosa
- Kawasaki Disease
- Giant Cell Arteritis

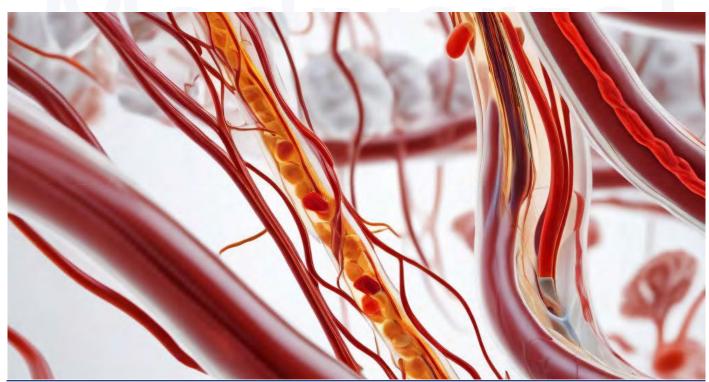
### Vascular Malformations

- Vascular Malformations: Definition
- Non-neoplastic Vascular Malformations Vascular Malformations
- Cavernomas Vascular Malformations
- Congenital Vascular Malfunctions of the Aorta Vascular Malformations
- Vascular Malformations: Summary

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# Diseases of the Lymphatic System

- Diseases of the Lymphatic System: Definition
- Starling's Law of the Capillary
- Components of the Lymphatic System
- Structure of Lymphatic Vessels
- Congenital Lymphatic Malformations
- Conditions with Tissue Edema
- Diseases of the Lymphatic System: Summary



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# **Clinical Ethics**

| • | Introduction to Ethics                                | 15 Videos |
|---|---|-----------|
| • | Communication with Patients and within the Health     | 09 Videos |
|   | Care Team   |           |
| • | Informed Consent and Capacity                         | 16 Videos |
| • | Patient Confidentiality and Privacy                   | 06 Videos |
| • | Organ and Tissue Donations                            | 04 Videos |
| • | Medical Errors  | 04 Videos |
| • | Resource Allocation                                   | 03 Videos |
| • | Clinical Research Ethics                              | 10 Videos |
| • | Breaking Serious News and Advance Care Planning       | 17 Videos |
| • | Surrogate Decision Making and Family Meetings         | 11 Videos |
| • | Ethical Considerations for Life-sustaining Treatments | 08 Videos |
| • | Ethical Considerations in Palliative Care             | 13 Videos |



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#### Introduction to Clinical Ethics

- Introduction to Ethics
- Virtue Ethics Theory
- Introduction to Ethical Principles
- Principle of Respect for Autonomy
- Principle of Nonmaleficence
- Principle of Beneficence
- Principle of Justice
- Applying Ethical Principles to a Case
- Ethic of Care
- Casuistry
- Ethics and Professionalism
- Developing Moral Maturity
- Ethical Dilemma and Legal Implications
- Framework to Solve an Ethical Dilemma
- Clinical Ethics Consultation

# Communication with Patients and within the Health Care Team

- Therapeutic Relationship and Communication with Patients
- Boundary Crossings
- Boundary Violation
- Boundary Crossings and Violations in Special Situations
- Team-based Health Care
- Types and Characteristics of Health Care Teams
- Development of Health Care Teams
- Leadership and Just Culture in Health Care Teams

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Being a Successful Team Member

### Informed Consent and Capacity

- Introduction to Informed Consent
- Elements of Informed Consent
- Strategies to Aid Understanding
- Consent and Refusal
- Shared Decision-making
- Patients Lacking Decision-making Capacity
- Exceptions to Informed Consent
- Decision-making for Minors
- Key Points about Informed Consent
- Introduction to Decision-making Capacity
- Assessment of Decision-making Capacity
- Threshold Level of Decision-making Capacity
- Influences on Decision-making Capacity
- Decision-making Capacity in Special Groups
- Mature Minors
- Case: Determining Decision-making Capacity of a 38-year-old Woman with Abdominal Pain

# Patient Confidentiality and Privacy

- Introduction to Patient Confidentiality and Privacy
- Documenting Patient Information
- Access to Patient Information
- Disclosure of Patient Information

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- Confidentiality and Privacy of Patients with Limited Capacity
- Breach of Patient Confidentiality and Privacy

### Organ and Tissue Donations

- Ethical Principles in Organ Donation
- Ethical Controversies in Organ Donation
- The AMA Code of Medical Ethics on Organ Donation
- Case Discussion for Organ Donation

#### **Medical Errors**

- Introduction to Medical Errors
- Root Causes and Types of Medical Errors
- Impact of Medical Errors
- Case Discussion for Medical Errors

#### Resource Allocation

- Introduction to Resource Allocation
- Practical Applications for Resource Allocation
- Case Discussions for Resource Allocation

#### Clinical Research Ethics

- Responsible Conduct of Clinical Research
- Scientific Validity and Authorship in Clinical Research
- Misconduct in Clinical Research
- Translational Pathway and Ethical Principles in Human Subjects Research
- Respect for Persons Ethical Principles in Human Subjects Research

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- Beneficence Ethical Principles in Human Subjects Research
- Justice Ethical Principles in Human Subjects Research
- Ethical Responsibilities of Clinician Investigators
- Protecting the Rights and Interests of Human Research Participants
- Independent Ethical Review of Clinical Research

# Breaking Serious News and Advance Care Planning

- Skills for Breaking Serious News
- Setting up the Meeting How to Break News
- Perception of the Patient How to Break News
- Invitation to Share Information How to Break News
- Knowledge and Information How to Break News
- Responding to the Patient's Emotions How to Break News
- Strategy and Summary How to Break News
- Discussing Goals of Care: Why
- Discussing Goals of Care: Who
- Discussing Goals of Care: What
- Discussing Goals of Care: Where
- Discussing Goals of Care: When
- Discussing Goals of Care: How
- Introduction to Advance Care Planning
- Types of Advance Directives
- Problems with Advance Directives
- Recommendations for Advance Care Planning

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# Surrogate Decision Making and Family Meetings

- Introduction to Surrogate Decision Making
- Standards for Surrogate Decision Making
- Accuracy of Surrogate Decision Making
- Facilitating Surrogate Decision Making
- Conflicts between Surrogates
- Introduction to Family Meetings
- Preparation of a Family Meeting
- Start of a Family Meeting
- Discussion in a Family Meeting
- Conclusion of a Family Meeting
- Documentation of a Family Meeting

# Ethical Considerations for Life-sustaining Treatments

- Ordinary and Extraordinary Treatments
- Withholding and Withdrawing Treatment
- Trial of Therapy
- Surrogate Evaluation
- Introduction to Do Not Attempt Resuscitation (DNAR) Orders
- Prognosis of Cardiopulmonary Resuscitation (CPR)
- Patient's Decision against CPR
- Important Considerations for DNAR Orders

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# Ethical Considerations in Palliative Care

- Introduction to Potentially Inappropriate Treatments and Futile Treatments
- Futile Treatment
- Persistent Vegetative State
- Minimally Conscious State
- Death by Neurologic Criteria
- Doctrine of Double Effect
- Palliative Sedation
- Artificial Nutrition and Hydration
- Voluntary Stopping Eating and Drinking
- Overview of Medical Aid in Dying
- Attitudes and Arguments for and against Medical Aid in Dying
- Determining the Clinician's Accountability
- Responding to Requests for Medical Aid in Dying



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# **Clinical Neurology**

| • | Acquired Neuromuscular Diseases                    | 26 Videos |
|---|--|-----------|
| • | Hereditary Neuromuscular Disorders                 | 12 Videos |
| • | Disorders of the Neuromuscular Junctions           | 21 Videos |
| • | Peripheral Neuropathies                            | 21 Videos |
| • | Diseases of the Spinal Cord                        | 20Videos  |
| • | Diseases of the Motor Neurons                      | 08 Videos |
| • | Multiple Sclerosis (MS) and Inflammatory Disorders | 08 Videos |
|   | of the CNS   |           |
| • | Stroke and Intracranial Hemorrhage                 | 28 Videos |
| • | Seizures and Epilepsy                              | 30 Videos |
| • | Head Trauma  | 20 Videos |
| • | CNS Infections                                     | 24 Videos |
| • | Parkinson Disease and Movement Disorders           | 14 Videos |
| • | Dementia and Amnestic Conditions                   | 15 Videos |
| • | CNS Tumors   | 37 Videos |
| • | Sleep Disorders                                    | 21 Videos |
| • | Vertigo, Dizziness, and Disorders of Balance       | 20 Videos |
| • | Headache   | 24 Videos |
| • | Neuropathic Pain Syndromes                         | 11 Videos |
| • | Neurologic and Psychiatric Emergencies             | 35 Videos |
| • | Pediatric Neurology                                | 19 Videos |

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# Acquired Neuromuscular Diseases

- Introduction to Myopathy
- Case: 54-year-old Woman with Weakness
- Clinical Approach to Muscle Disorders
- Myopathy and Myositis: Diagnosis
- Evaluation of Muscle Diseases
- Introduction to Inflammatory Myopathies with Case
- Inflammatory Myopathies: Types
- Creatine Kinase Evaluation
- Polymyositis
- Dermatomyositis
- Inclusion Body Myositis
- Necrotizing Autoimmune Myositis
- Overlap Myopathies
- Antibody Assessments Inflammatory Myopathies
- Management of Inflammatory Myopathies
- Polymyalgia Rheumatica (PMR) Inflammatory Myalgia
- Introduction to Infectious Myopathies with Case
- HIV-associated Myositis Infectious Myopathies
- Pathogen Myositis with Trichinella Infectious Myopathies
- Toxic Myopathies with Case
- Hypothyroid and Hyperthyroid Myopathy
- Statin Myopathy
- Corticosteroid Myopathy
- Critical Illness Myopathy and Other Causes for Myopathy
- Rhabdomyolysis
- Other Metabolic Muscle Diseases

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# Hereditary Neuromuscular Disorders

- Inherited Muscle Disorders: Evaluation
- Inherited Myopathies: Types
- Muscular Dystrophies
- Introduction to Proximal Predominant Muscular Dystrophies
- Case: 6-year-old Boy with Weakness
- X-linked Dystrophinopathies and Duchenne Muscular Dystrophy
- Becker Muscular Dystrophy and Limb-girdle Muscular Dystrophy (LGMD)
- Distal Predominant Muscular Dystrophies
- Other Muscular Dystrophies
- Case: 5-month-old Girl with Weakness
- Evaluation of the Hypotonic Infant
- Congenital Muscular Dystrophy and Congenital Myopathy

# Disorders of the Neuromuscular Junctions

- General Approach to Neuromuscular Junction Disorders
- Case: 32-year-old Woman with Weakness
- Physiology of the Neuromuscular Junction
- Neuromuscular Junction Disorders: Clinical Features and Pathophysiology
- Neuromuscular Junction Disorders: Summary
- Case: 32-year-old Woman with Weakness and Sustained Upgaze
- Myasthenia Gravis: Introduction and Clinical Features
- Myasthenia Gravis: Clinical and Serological Tests Diagnosis
- Myasthenia Gravis: Repetitive Stimulation Diagnosis

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- Myasthenia Gravis: Antibody Testing Diagnosis
- Myasthenia Gravis: Treatment
- Case: 72-year-old Woman with Weakness
- Botulinum Toxin Toxicity: Overview
- Botulinum Toxin Toxicity: Pathophysiology and Treatment
- Case: 42-year-old Man with Weakness
- Lambert Eaton Myasthenic Syndrome (LEMS): Overview
- Lambert Eaton Myasthenic Syndrome (LEMS): Workup and Testing
- Lambert Eaton Myasthenic Syndrome (LEMS): Pathophysiology and Treatment
- Organophosphate Poisoning
- Transient Neonatal Myasthenia
- Congenital Myasthenic Syndrome (CMS)

### Peripheral Neuropathies

- Introduction to Neuropathy Disorders
- Acute Inflammatory Demyelinating Polyneuropathy (AIDP)
- Chronic Inflammatory Demyelinating Polyneuropathy (CIDP)
- Other Non-inflammatory Neuropathies
- Toxic and Metabolic Polyneuropathies

### Diseases of the Spinal Cord

- Case: 45-year-old Man with Bilateral Lower Extremity Weakness and Numbness
- Introduction to Spinal Cord
- Myelopathy
- Case: 53-year-old Woman with Progressive Weakness and Balance
   Difficulty

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- How to Approach Spinal Cord Pathology (Macro)
- How to Approach Spinal Cord Pathology (Micro)
- Continuation of Case: 53-year-old Woman with Progressive Weakness and Balance Difficulty
- Case: 58-year-old Woman with Weakness and Neck Pain
- Intradural Extramedullary Myelopathy
- Case: 50-year-old Woman with Lower Extremity Weakness
- Intradural Intramedullary Myelopathy
- Case: 53-year-old Man with Numbness in Lower Extremities
- Myelopathy Vascular Disorders with Case
- Case: 22-year-old Woman with Back Pain and Autonomic Symptoms
- Myelopathy Conus Medullaris vs. Cauda Equina
- Case: 45-year-old Man with Lower Extremity Weakness
- Toxic and Metabolic Causes of Myelopathy
- Vitamin B12 Deficiency Myelopathy
- Case: 57-year-old Woman with Leg and Back Pain
- Radiculopathy

### Diseases of the Motorm Neurons

- Case: 56-year-old Woman with Left Extremity Weakness
- Introduction to Motor Neurons and Motor/Sensory Pathways
- Upper and Lower Motor Neuron Diseases: Clinical Manifestations
- Upper and Lower Motor Neuron Etiology
- Upper and Lower Motor Neuron Diseases: Diagnosis and Management
- Case: 53-year-old Man with Generalized Weakness
- Upper and Lower Motor Neuron Diseases: Differential Diagnosis
- Amyotrophic Lateral Sclerosis (ALS) and Other Motor Neuron Diseases

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# Multiple Sclerosis (MS) & Inflammatory Disorders of the CNS

- Introduction to Neuroinflammatory Disorders
- Neuroinflammatory Disorders: Classification
- Overview of CNS Inflammatory Diseases
- Case: 51-year-old with Left Hand Numbness
- Clinically Isolated Syndrome: Clinical Manifestations and Classification
- Clinically Isolated Syndrome: Diagnostics and Treatment
- Acute Disseminated Encephalomyelitis (ADEM)
- Case: 21-year-old Woman with Blurry Vision
- Multiple Sclerosis (MS): Pathophysiology and Clinical Manifestations
- Multiple Sclerosis (MS): Diagnosis and Evolution of Disease
- Multiple Sclerosis (MS): Management
- Neuromyelitis Optica (NMO)
- MOG Ab Disorder
- MS, NMO, MOG Disorder

### Stroke: Introduction and Types

- Stroke: Introduction and Types
- Overview of Ischemic and Hemorrhagic Stroke
- Stroke: Pathophysiology
- Case: 45-year-old Man Presenting with a Stroke Diagnosis
- Clinical Assessment of Stroke
- Clinical Question: Anterior or Posterior Circulation Stroke?
- Clinical Question: Cortical, Subcortical or Brainstem Localization?

Stroke: Localization

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- Case: 45-year-old Man Presenting with a Stroke Management
- Acute Ischemic Stroke: Management and Evaluation
- Clinical Question: Acute or Mimic Stroke?
- Clinical Question: tPA or Endovascular Therapy?
- NIH Stroke Scale (NIHSS)
- Acute Ischemic Stroke: Major Treatment Types
- Case: 45-year-old Man Presenting with a Stroke
- Stroke: Evaluating Stroke Extension
- Stroke: Work-up and Etiology
- Stroke: Complications
- Management of the Case: 45-year-old Man Presenting with a Stroke
- Stroke: Pharmacological Prevention
- Case: 35-year-old Presenting with Hemiplegia
- Intracranial Hemorrhage: Types and Epidural Hematoma
- Intracranial Hemorrhage: Subdural Hematoma and Subarachnoid Hemorrhage
- Intracranial Hemorrhage: Intraparenchymal, Intraventricular, Hypertensive, and Transformation Hemorrhage
- Intracranial Hemorrhage: Evaluation
- Intracranial Hemorrhage: Management
- Intracranial Hemorrhage: Amyloid Angiopathy, Vascular Lesions, and Neoplasms
- Intracranial Hemorrhage: Evaluation and Summary

### Seizures & Epilepsy

- Seizures, Epilepsy, and Spells: Introduction and Differentiation
- Seizures: Types and Classification
- Seizures: Mechanisms
- Seizures: Semiology
- Epilepsy: Diagnosis and Syndromes

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- Seizures: Evaluation and Functionality of the EEG
- Seizures: Treatment
- Diagnosis and Evaluation of a Spell with Case
- Review of Seizure Systems
- Differentiating Seizure from Syncope and from Psychogenic Nonepileptic Spells (PNES)
- Evaluation of Seizure-like Episodes
- Case: 45-year-old Man with a Seizure-like Episode
- Seizure: Classification and Focal vs. Generalized Onset
- First-time Seizure: Evaluation, History, and Examination
- Second Seizure: History and Forms of Screening
- Second Seizure: Summary and Precautions
- Case: 57-year-old Man with a History of Epilepsy
- Status Epilepticus: Evaluation, Prognosis, and Classification
- Status Epilepticus: Emergency Treatment, Initial Investigation and Long-term Treatment
- Status Epilepticus: Stages and Pathophysiology
- Status Epilepticus: Treatment and Types
- Case: 13-year-old Boy on Referral from His PCP
- Epilepsy Syndrome: Introduction and Classification
- Idiopathic Generalized Onset and Idiopathic Focal Onset Epilepsies
- Symptomatic Epilepsies
- Case: 57-year-old Woman with Seizure-like Episodes
- Partial Onset Epilepsy: Treatment
- Medication for Focal Onset and Primary Generalized
   Epilepsy Seizure Treatment
- Common Seizure Medications Seizure Treatment
- Top 10 Seizure Treatment Tips with Cases

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#### **Head Trauma**

- Case: 68-year-old Man with Progressive Altered Mental Status
- Head Trauma: Introduction and Diffuse Axonal Injury
- Head Trauma: Clinical Manifestations and Glasgow Coma Scale
- Head Trauma: Diagnosis and Management
- Traumatic Brain Injury: Introduction
- Traumatic Brain Injury: Diagnosis
- Mild and Sport-related Traumatic Brain Injury
- Traumatic Brain Injury: Chronic Traumatic Encephalopathy
- Traumatic Brain Injury: Management
- Case: 6-year-old Girl Hits Her Head
- Epidural Hematoma: Etiology, Clinical Presentation, and Diagnosis
- Epidural Hematoma: Management
- Case: 68-year-old Man with Progressive Altered Mental Status and Gaze
- Subdural Hematoma: Etiology and Clinical Presentation
- Subdural Hematoma: Diagnosis and Management
- Case: 43-year-old Woman with Altered Mental Status
- Subarachnoid Hemorrhage: Etiology, Clinical Manifestations, and Diagnosis
- Subarachnoid Hemorrhage: Management

#### **CNS Infections**

- Bacterial Meningitis: Introduction and Symptoms
- Bacterial Meningitis: Examination
- Bacterial Meningitis: Diagnosis
- Case: 76-year-old Woman with Headache Follow Up
- Bacterial Meningitis: Treatment
- Viral and Non-bacterial Meningitis

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- Case: 61-year-old Man with Headache
- Encephalitis: Introduction and Symptoms
- Encephalitis: Examination
- Other Viral Encephalitis
- Encephalitis: Treatment
- Case: 56-year-old Man with Headache
- Cerebritis and Brain Abscess
- Case: 58-year-old Woman with Headache
- Cryptococcal Meningitis
- Toxoplasmic Meningitis
- Neurocysticercosis: Introduction
- Neurocysticercosis: Life Cycle, Presentation, and Disease Stages
- Neurocysticercosis: Treatment

# Parkinson Disease & Movement Disorders

- Introduction to Parkinson Disease
- Idiopathic Parkinson Disease
- Parkinson-Plus Syndromes
- Non-parkinsonian Movement Disorders

### **Dementia & Amnestic Conditions**

- Introduction to Dementing Diseases
- Alzheimer Dementia
- Other Dementias

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#### **CNS Tumors**

- Brain Tumors: Introduction, Classification, and Diagnostic Evaluation
- Case: 32-year-old-Woman with Bradyphrenia
- Metastatic Brain Tumors: Introduction
- Metastatic Brain Tumors: Surgery Treatment
- Metastatic Brain Tumors: Radiosurgery Treatment
- Metastatic Brain Tumors: Chemotherapy Treatment
- Case: 40-year-old Woman with Headache
- Meningioma: Introduction
- Meningioma: Clinical Presentation and Evaluation
- Meningioma: Treatment
- Case: 67-year-old Woman with Headaches
- Pituitary Tumors: Introduction
- Pituitary Tumors: Clinical Presentation
- Pituitary Tumors: Evaluation and Imaging
- Pituitary Tumors: Treatment
- Case: 49-year-old Man with Headache
- Glioma: Introduction and Clinical Presentation
- Glioma: Grading with MRI and Contrast Enhancement
- Glioma: Grading with Tissue Sample
- Glioma: Genetic Risk Assessment
- Glioma: Treatment
- Case: 21-year-old Man with Pain
- Neurofibromatosis Type 1: Introduction
- Knudson's Two-Hit Hypothesis of Tumor Formation
- Neurofibromatosis Type 1: Diagnosing Criteria
- Neurofibromatosis Type 1: Clinical Presentation
- Neurofibromatosis Type 1: Treatment
- Case: 42-year-old Woman with Loss of Hearing

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- Neurofibromatosis Type 2: Introduction
- Neurofibromatosis Type 2: Diagnosing Criteria
- Neurofibromatosis Type 2: Clinical Presentation
- Neurofibromatosis Type 2: Treatment
- Case: 2.5-month-old Infant with Spasms
- Tuberous Sclerosis: Introduction
- Tuberous Sclerosis: Diagnosing Criteria
- Tuberous Sclerosis: Clinical Presentation
- Tuberous Sclerosis: Treatment

### Sleep Disorders

- Introduction to Sleep
- Circadian Rhythm
- Stages of Sleep
- Case: 45-year-old with Difficulty Sleeping
- Insomnia: Classification and Pathophysiology
- Insomnia: Diagnosis
- Insomnia: Management
- Case: 54-year-old with Excessive Daytime Sleepiness
- Circadian Rhythm Sleep-wake Disorders and Delayed Sleep-wake Phase Disorder
- Sleep-wake Phase Disorder: Advance, Irregular, and Non-24-hour
- Sleep-wake Phase Disorder: Shift Work Disorder and Jet Lag
- Sleep-wake Phase Disorder: Management
- Case: 39-year-old Acting Out Dreams
- Introduction to Parasomnias
- NREM-related Parasomnias
- REM-related Parasomnias and Management of Parasomnias
- Case: 12-year-old with Hallucinations

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- Introduction to Narcolepsy
- Narcolepsy: Epidemiology and Clinical Features
- Narcolepsy: Diagnosis
- Narcolepsy: Management

# Vertigo, Dizziness, & Disorders of Balance

- Case: 34-year-old Woman with Severe Dizziness
- Dizziness: Signs and Symptoms
- Introduction to Nonspecific Dizziness
- Dysequilibrium and Cerebellar Diseases
- Case: 67-year-old Woman with Gait Dysfunction
- Cerebellum: Lobes Anatomy Review
- Case: 14-year-old Girl with Dizziness
- Cerebellum: Afferent and Efferent Pathways Anatomy Review
- Case: 53-year-old Man with Ataxia
- Cerebellum: Nuclei Anatomy Review
- Case: 68-year-old Man Presenting with Fainting Episodes
- Syncope: Definition, Etiology, and Causes
- Neurally Mediated Syncope: Definition, Pathophysiology, and Classification
- Syncope: Evaluation, Treatment, and Management
- Case: 34-year-old with Dizziness
- Review of the Vestibular System and Evaluation of Vertigo
- Vertigo: Types
- Acute Vestibular Syndrome: Causes and Differentiation
- Exam Techniques: Head Impulse Test (HIT), Nystagmus, and Test of Skew
- HINTS of INFARCT Exam Techniques: Head Impulse Test (HIT), Nystagb mus, and Test of Skew

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#### HINTS of INFARCT

#### Headache

- Introduction to Headaches: Groups and 3-Step-Evaluation System
- Step 1: Primary and Secondary Headaches and Types of Headaches
- Step 2: Options for Diagnostic Testing and Clues to Severe Disease
- Step 3: Treatment of Headaches
- Case: 45-year-old Woman with Headache
- Thunderclap Headache: Overview, Evaluation, and Management
- Case: 67-year-old Woman with History of Migraines
- Headache with Visual Disturbances
- Case: 68-year-old Man with Squamous Cell Carcinoma
- Neuralgiform Headaches
- Case: 57-year-old Woman with Headache when Sitting Up
- Low-pressure Headache
- Case: 38-year-old Obese Woman with Headache
- High-pressure Headache
- Case: 30-year-old Woman with Episodic Headache
- Chronic, Recurrent, and Episodic Headaches
- Migraine: Aura, Triggers, Evaluation, and Treatment
- Migraine: Prophylaxis and Medications
- Case: 25-year-old Man with Cluster of Headaches
- Trigeminal Autonomic Cephalalgias (TACs)
- Cluster Headaches
- Paroxysmal Hemicrania
- SUNCT and SUNA
- Hemicrania Continua

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### Neuropathic Pain Syndromes

- Neuropathic Pain: Esthesia, Algesia, Pathia, and Dynia
- Neuropathic Pain: Understanding Reflex Arcs
- Neuropathic Pain: Clues to Locate the Lesion (CNS or PNS)
- Neuropathic Pain: Locating a Lesion in the PNS
- Case: 53-year-old Man with Intense Hip Pain
- Case: 31-year-old Woman with Pruritic Vesicles
- Diabetic Polyneuropathy
- Chemotherapy-induced Polyneuropathy
- Case: 43-year-old Woman with Sharp Pain on the Right Side of Her Face
- Neuropathic Pain: Thalamic Pain Syndrome
- Neuropathic Pain: Treatment

## Neurologic & Psychiatric Emergencies

- Altered Mental Status (AMS Emergency Medicine)
- Altered Mental Status (AMS): Common Causes
- Altered Mental Status (AMS): First steps
- Altered Mental Status (AMS): History
- Altered Mental Status (AMS): Managemen
- Headache (Emergency Medicine)
- Migraine: Presentation & Diagnosis
- Migraine: Management
- Cluster Headache (Emergency Medicine)
- Secondary Headache (Emergency Medicine)
- Acute Ischemic Stroke (AIS Emergency Medicine)
- Acute Ischemic Stroke (AIS): Signs & Symptoms

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- Acute Ischemic Stroke (AIS): Examination
- Acute Ischemic Stroke (AIS): Diagnosis
- Acute Ischemic Stroke (AIS): Management
- Spontaneous Intracerebral Hemorrhage (ICH Emergency Medicine)
- Spontaneous Intracerebral Hemorrhage (ICH): Examination & Diagnosis
- Spontaneous Intracerebral Hemorrhage (ICH): Management
- Subarachnoid Hemorrhage (SAH Emergency Medicine)
- Subarachnoid Hemorrhage (SAH): Diagnosis

Subarachnoid Hemorrhage (SAH): Management

- Seizures (Emergency Medicine)
- Seizures: Pathophysiology
- Seizure: Examination
- Seizure: Diagnosis
- Seizure: Management
- Meningitis and Encephalitis (Emergency Medicine)
- Meningitis and Encephalitis: Examination
- Meningitis and Encephalitis: Diagnosis
- Meningitis and Encephalitis: Management & Prophylaxis
- Suicidal Patients (Emergency Medicine)
- Methods of Suicide
- Suicidal Patients: Diagnosis
- Suicidal Patients: Management
- Suicidal Patients: Documentation and Disposition

### **Pediatric Neurology**

- Seizures in Children: Introduction
- Status Epilepticus: Management
- Generalized Seizure in Children
- Febrile Seizure

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- Ataxia in Children
- Migraines and Headaches in Children
- Secondary Headache in Children
- Guillan-Barré Syndrome (GBS) and Acute Disseminated Encephalomelitis (ADEM)
- Muscular Dystrophy in Children
- Spinal Muscular Atrophy (SMA) in Children
- Infant Botulism
- Myasthenia Gravis in Children
- Cerebral Palsy (CP)
- Intellectual Disability in Children
- Tics and Tourettes in Children
- Tuberous Sclerosis in Children
- Neurofibromatosis (NF) and Sturge Weber Syndrome
- Increased Intracranial Pressure (ICP), Hydrocephalus & Dandy-Walker Variant (DWV)
- Arnold-Chiari Malformations and Craniosynostosis



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## **Dermatology**

| • | Allergic and Immune-mediated Skin Disorders | 28 Videos |
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| • | Neoplasms of the Skin                       | 08 Videos |
| • | Skin Infections                             | 21 Videos |
| • | Miscellaneous Skin Disorders                | 10 Videos |
| • | Inflammatory Skin Diseases                  | 23 Videos |
| • | Infectious Skin Diseases                    | 12 Videos |
| • | Other Skin Diseases                         | 03 Videos |
| • | Pediatric Dermatology                       | 11 Videos |



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## Allergic and Immune-Mediated Skin Disorders

- Derma Case: 71-year-old Woman with a Progressive Skin Rash
- Anatomy Review: Skin
- Stevens-Johnson Syndrome
- Porphyria Cutanea Tarda
- Pemphigus Vulgaris
- Staphylococcal Scalded Skin Syndrome
- Bullous Pemphigoid
- Quick Review: Bullous Diseases
- Derma Case: 52-year-old Man with Fever, Muscle Aches, and Rash
- Pemphigus Vulgaris (Review) and Staphylococcal Toxic Shock Sydrome
- Erythema Multiforme, Stevens-Johnson Syndrome, and Toxic Epidermal Necrolysis
- Non-immune Mediated Cutaneous Drug Reactions
- Immune-mediated Cutaneous Drug Reactions: Exanthemous Reactions
- Urticaria and Angioedema
- Drug Hypersensitivity Syndrome (DHS) and DRESS
- Quick Review: Cutaneous Drug Reactions
- Derma Case: 52-year-old Woman with Fever, Arthralgias, and Painful Bumps
- Polyarteritis Nodosa vs. Erythema Nodosum
- Quick Review: Erythema Nodosum
- Derma Case: 18-year-old Woman with an Intensely Pruritic Rash
- Seborrheic Dermatitis, Allergic and Irritant Contact Dermatitis
- Atopic Dermatitis (Eczema)
- Derma Case: 36-year-old Woman with Eczema
- Derma Case: 12-year-old Girl with an Intensely Pruritic Rash

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- Quick Review: Dermatitis
- Derma Case: 33-year-old Man with Rash on Elbows and Knees
- Psoriasis
- Quick Review: Psoriasis

## Neoplasms of the Skin

- Derma Case: 38-year-old Woman with a Mole on Her Left Leg
- Tinea Corporis (Ring Worm) and Seborrheic Keratosis
- Kaposi's Sarcoma
- Melanoma vs. Benign Melanocytic Nevus
- Derma Case: 58-year-old Man with a Lesion on the Tip of His Nose
- Squamous Cell Carcinoma (SCC) vs. Basal Cell Carcinoma (BCC)
- Derma Case: 69-year-old Man with PMHx of CAD and Dyslipidemia
- Quick Review: Malignant Skin Lesions

## Skin Infections

- Derma Case: 11-year-old Healthy Girl with Rash
- Molluscum Contagiosum
- Derma Case: 23-year-old Man with Bumps on His Penis
- Acrochordon (Skin Tag)
- Human Papilloma Virus (HPV) and Condolymata Acuminata
- Herpes Simplex Virus and Shingles
- Quick Review: Viral Skin Diseases
- Derma Case: 20-year-old Man with an Itchy Circular Rash
- Pityriasis Rosea
- Tinea Infections: Tinea Corporis and Tinea Versicolor
- Candida Intertrigo and Candida Albicans
- Impetigo
- Tinea Infections: Management

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### Miscellaneous Skin Disorders

- Derma Case: 41-year-old Woman with Facial Rash
- Acne Vulgaris
- Dermatomyositis and Seborrheic Dermatitis
- Acne Rosacea
- Systemic Lupus Erythematosus (SLE)
- Derma Case: 24-year-old Woman with Chronic Pain in Axillae
- Quick Review: Acne
- Review: Life Cycle of a Hair Follicle
- Derma Case: 57-year-old Woman with Hypertension and Hair Loss
- Quick Review: Alopecia

## Inflammatory Skin Diseases

- General Terminology
- Other General Dermatologic Terminologies
- Acne Vulgaris
- Rosacea
- Seborrheic Dermatitis
- Atopic Dermatitis
- Ichthyosis Vulgaris
- Allergic Contact Dermatitis
- Lichen Simplex Chronicus (LSC)
- Lichen Planus
- Hives (Urticaria)
- Angioedema
- Alopecia Areata (AA)
- Psoriasis
- Pityriasis Rosea

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- Morphea
- Erythema Nodosum
- Erythema Multiforme
- Pemphigus Vulgaris
- Bullous Pemphigoid
- Immunofluorescence Diagnosis in Vesiculobullous Dermatitis
- Nikolsky's Sign
- Lupus Erythematosus

## **Pediatric Dermatology**

- Eczema in Children
- Seborrheic Dermatitis, Psoriasis and Impetigo in Children
- Erythema Multiforme and Stevens-Johnson Syndrome (SJS) in Children
- Serum Sickness in Children
- Drug Reaction with Eosinophilia and Systemic Symptoms (DRESS)
- Hemangioma
- Nevus (Moles) in Children
- Scabies, Head Lice (Pediculosis Capitis) and Tinea Corporis (Ringworm) in Children
- Pityriasis Rosea in Children
- Warts (Verruca Vulgaris) and Molluscum Contagiosum in Children
- Hair Loss in Children: Alopecia Areata, Nevus Sebaceus, Traction

Alopecia & Trichotillomania (TTM)

### Other Skin Diseases

- Melasma (Chloasma)
- Vitiligo
- Albinism (Achromasia)

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## **Endocrionology**

| • | Thyroid Disorders                    | 15 Videos |
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| • | Pituitary and Hypothalamic Disorders | 14 Videos |
| • | Adrenal Gland Disorders              | 06 Videos |
| • | Diabetes Mellitus                    | 27 Videos |
| • | Metabolic Bone Disorders             | 12 Videos |
| • | Reproductive Endocrine Disorders     | 11 Videos |
| • | Pediatric Endocrinology              | 26 Videos |



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## **Thyroid Disorders**

- Review of Thyroid Physiology
- Thyroid Case: 38-year-old Woman with Insomnia, Anxiety & Hair Loss
- Hyperthyroidism and Thyrotoxicosis
- Thyroid Storm with Case
- Graves Disease
- Types of Thyroiditis with Case
- Toxic Adenoma and Multinodular Goiter with Case
- Hyperthyroidism Summary
- Thyroid Nodules
- Thyroid Cancer with Case
- Thyroid Case: 52-year-old Woman with Weight Gain,

Fatigue and Poor Concentration

- Hashimoto's Thyroiditis and Subclinical Hypothyroidism
- Euthyroid Sick Syndrome with Case

## Pituitary and Hypothalamic Disorders

- Review of Hypothalamic and Pituitary Physiology
- Pituitary Case: 54-year-old Man with Fatigue and Joint Pain
- Acromegaly
- Pituitary Case: 28-year-old Woman with Amenorrhea and Nipple
   Discharge
- Hyperprolactinemia
- Pituitary Case: 53-year-old Man after Transsphenoidal Resection of Pituitary Adenoma
- Syndrome of Inappropriate ADH (SIADH)

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- Pituitary Case: 48-year-old Woman with Weight Gain, Easy Bruising, & Hypertensio
- Cushing Syndrome & Cushing Disease
- Summary: Pituitary Hormone Excess
- Pituitary Case: 51-year-old Man with Severe Headache
- Hypothalamic and Pituitary Hormone Deficiency
- Pituitary Case: 28-year-old Woman with Excessive Thirst & Urination
- Diabetes Insipidus and Pituitary Tumors

## Adrenal Gland Disorders

- Review of Adrenal Excess & Adrenal Deficiency
- Adrenal Case: 25-year-old Man with Severe Pulsatile Headache
- Pheochromocytoma
- Adrenal Case: 38-year-old Man with Hypertension
- Primary Hyperaldosteronism
- Adrenal Case: 68-year-old Man with Nausea, Lightheadedness, Back and Abdominal Pain

## Diabetes Mellitus

- Types of Diabetes
- Diabetic Case: 9-year-old Girl with Thirst, Weight Loss, and Frequent Urination
- Type 1 Diabetes Mellitus (DM)
- Honeymoon Phase with Case
- Diabetic Case: 47-year-old Woman with Pain on Urination, Frequent Urination, and Urine Urgency
- Diabetic Case: 61-year-old Man with Weight Gain
- Prediabetes

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- Diabetic Case: 36-year-old Primigravid Woman for Antenatal Care
- Gestational Diabetes
- Type 2 Diabetes Mellitus: Patient Education and Self-monitoring of Blood Glucose
- Type 2 Diabetes Mellitus: Hemoglobin A1c (HbA1c) Monitoring and Non-pharmacologic Approaches
- Bariatric Surgery with Case
- Type 2 Diabetes Mellitus: Rational Management
- Type 1 Diabetes Management with Case
- Diabetic Case: 19-year-old Man with Type 1 DM
- Diabetic Case: 75-year-old Man on Insulin Therapy
- Diabetic Case: 49-year-old Man with Elevated HbA1c
- Non-insulin Diabetes Mellitus Medications with Case
- Basal-bolus Insulin Therapy with Case
- Diabetic Ketoacidosis with Case
- Hyperglycemic Hyperosmolar Syndrome (HHS) with Case
- Comparing Hyperglycemic Hyperosmolar Syndrome (HHS) and Diabetic Ketoacidosis (DKA)
- Diabetes Mellitus: Chronic Complications
- Diabetic Neuropathy with Case
- Diabetic Foot Ulcers with Case
- Hypoglycemia with Case
- Insulinoma (Whipple's Triad) with Case

## Metabolic Bone Disorders

- Hypercalcemia and Review of Calcium Homeostasis
- Bone Metabolism Case: 68-year-old Woman with High Serum Calcium Level
- Primary Hyperparathyroidism

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- Bone Metabolism Case: 71-year-old Man with Shortness of Breath
- Hypercalcemia: Types and Management
- Hypocalcemia: Causes and Clinical Features
- latrogenic Hypoparathyroidism with Case
- Multiple Endocrine Neoplasia (MEN) with Case
- Hypocalcemia: Management
- Osteoporosis with Case
- Osteomalacia with Case
- Paget's Disease with Case

## Reproductive Endocrine Disorders

- Reproductive Endocrinology: Course Overview
- Reproductive Case: 17-year-old Woman with Absence of Menarche
- Primary and Secondary Amenorrhea
- Reproductive Case: 34-year-old Woman with Hirsutism
- Polycystic Ovary Syndrome (PCOS)
- Female Infertility
- Male Hypogonadism with Case
- Male Infertility
- Gynecomastia with Case: 6-day-old Girl with Vomiting and Poor Feeding
- Congenital Adrenal Hyperplasia (CAH)

## Pediatric Endocrinology

- Tracking Growth in Children
- Understanding Short Stature in Children
- Growth Delay: Diagnosis & Management
- Normal Puberty in Children

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- Precocious Puberty in Children
- Delayed Puberty in Children
- Inborn Errors of Metabolism: Metabolic Pathways
- Disorders of Carbohydrate Metabolism
- Disorders of Amino Acid Metabolism
- Defects of Fatty Acid Oxidation
- Urea Cycle Disorders
- Type 1 Diabetes (Juvenile Diabetes): Basics
- Type 1 Diabetes (Juvenile Diabetes): Typical Presentation
- Type 1 Diabetes (Juvenile Diabetes): Diagnosis
- Type 1 Diabetes (Juvenile Diabetes): Management
- Type 2 Diabetes (Adult Onset Diabetes)
- Diabetes Insipidus (DI) in Children
- SIADH (Syndrome of Inappropriate Antidiuretic Hormone Secretion) in Children
- Hyperthyroidism in Children
- Hypothyroidism in Children
- Congenital Adrenal Hyperplasia (CAH) in Children
- Cushing's Syndrome in Children
- Adrenal Insufficiency (Addison's Disease) in Children



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## **Family Medicine**

| • | Introduction to Family Medicine     | 08 Videos |
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| • | Acute Care                          | 39 Videos |
| • | Chronic Care                        | 30 Videos |
| • | Preventive Medicine                 | 08 Videos |
| • | Geriatric Care                      | 07 Videos |
| • | Additional Lectures Family Medicine | 09 Videos |



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## Introduction to Family Medicine

- Principles and Application to USMLE
- Example Cases
- Accurate and Efficient Patient Histories
- Transitioning to a Diagnosis and Plan
- Caring for Diverse Populations and Cultural Humility
- Cardiovascular Disease and Determinants of Health
- Implicit (Unconscious) Bias
- Coordination of Care

### **Acute Care**

- Acute Problems in Family Medicine
- Case: Left-sided Chest Pain
- Case: Just Another Migraine?
- Upper Respiratory Symptoms
- Upper Respiratory Infections: Diagnosis and Management
- Acute Neck Injury
- Acute Neck Injury: Management
- Acute Back Pain
- Acute Back Pain: Management
- Acute Shoulder Pain
- Acute Shoulder Pain: Diagnosis
- Acute Shoulder Pain: Management
- Acute Knee Pain
- Acute Knee Pain: Differential Diagnosis
- Patellofemoral Syndrome and Osteoarthritis
- Ankle and Foot Pain
- Ankle and Foot Pain: Management

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- Hand and Wrist Pain
- Abdominal Pain
- Abdominal Pain: Cases
- Localized Rashes: Dermatitis and Fungal Infections
- Localized Rashes: Impetigo, Cellulitis and Herpes Zoster
- Generalized Rashes: Atopic Dermatitis and Viral Exanthems
- Generalized Rashes: Nummular Eczema, Pityriasis Rosea and Psoriasis
- Urgent Gynecologic Disease
- Urgent Urologic Disease
- Urinary Tract Infection (UTI)
- Chest Pain
- Chest Pain: Pulmonary Embolism and Thoracic Aorta Aneurysm
- Cluster Headache
- Tension-type Headache and Acute Migraine Headache: Management
- Dizziness
- Dyspnea
- Dyspnea: Diagnosis
- Fever in Adults
- Insomnia
- Insomnia: Management
- Anxiety Disorders
- Ocular Emergencies

### **Chronic Care**

- Hypertension: Diagnosis
- Hypertension: General Treatment
- Hypertension: Specific Treatment
- Diabetes Mellitus: Diagnosis and Management
- Type 2 Diabetes: Diagnosis and Management

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- Type 2 Diabetes: Diagnosis and Management
- Asthma Adherence and Control
- Asthma: Hazard Reduction and Inhaler
- Asthma: Medication and Follow-up
- Chronic Obstructive Pulmonary Disease (COPD)
- COPD: Treatment
- LABA/LAMA Combination vs. Monotherapy
- Hyperlipidemia: Diagnosis and Management
- Arthritis
- Arthritis: Treatment
- Depression: Case Study and Screening
- Depression: Therapy
- Antidepressants in Pregnancy
- Obesity: Diagnosis and Management
- Obesity: Medications and Bariatric Surgery
- Atherosclerotic Cardiovascular Disease
- Atherosclerotic Cardiovascular Disease: Diagnosis
- Atherosclerotic Cardiovascular Disease: Management
- Heart Failure: Diagnosis
- Heart Failure: Management
- Osteoporosis: Diagnosis and Management
- Alcohol and Substance Use Disorders
- Pain Management

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### Preventive Medicine

- Infant Care
- Child and Adolescent Care
- Prenatal Care
- Adult Health Maintenance
- Breast Cancer
- Colorectal Cancer
- Prostate Cancer
- Lung Cancer

### **Geriatric Care**

- Caring for Older Adults
- Screening Exams for Older Adults
- Nutrition, Hearing and Vision, Falls
- Medications for Older Adults
- Cognitive Decline among Older Adults
- Death and Dying
- Breaking Bad News

## Additional Lectures Family Medicine

- Acute Ischemic Stroke (AIS): Diagnosis
- Acute Ischemic Stroke (AIS): Examination
- Acute Ischemic Stroke (AIS): Signs & Symptoms
- Acute Ischemic Stroke (AIS): Management
- Ischemic Stroke: Treatment
- Stroke Imaging Findings

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- Goiter and Thyroid Nodules
- Diagnostic Tests Hypothyroidism
- Differential Diagnoses Hyperthyroidism (Thyrotoxicosis)



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## Gastroenterolgy

Gastroenterology67 Videos

Pediatric Gastroenterology
 33 Videos



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## Gastroenterology

- Approach to Patients with GI Symptoms
- Disorders of the Esophagus and the Stomach
- Disorders of the Small and Large Intestines
- Disorders of the Hepatobiliary Tract
- Disorders of the Pancreas
- Disorders of the Peritoneum

## Pediatric Gastroenterology

- Approach to Vomiting
- Pediatric Diarrhea: Pathology
- Pediatric Diarrhea: History & Physical Exam
- Pediatric Diarrhea: Lab Work & Imaging
- Conjugated Hyperbilirubinemia
- Alagille Syndrome
- Biliary Atresia
- Pediatric Choledochal Cysts
- Appendicitis in Children
- Pediatric Meckel's Diverticulum
- Intussusception in Children
- Pancreatitis in Children: Pathology
- Pancreatitis in Children: Signs, Symptoms, Diagnosis & Management
- Pediatric Cholecystitis (Inflammation of the Gallbladder)
- Failure to Thrive (FTT): Pathology
- Failure to Thrive (FTT): History & Physical Exam
- Failure to Thrive (FTT): Management
- Constipation in Children: Pathology & Clinical Presentation
- Constipation in Children: Diagnosis & Management

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- Hirschsprung's Disease (Congenital Megacolon)
- Congenital Hypertrophic Pyloric Stenosis
- Duodenal Atresia in Children
- Intestinal Malrotation
- Gastroesophageal Reflux Disease (GERD): Pathology,

#### Signs & Symptoms

- Gastroesophageal Reflux Disease (GERD): Diagnosis & Management
- Milk Protein Allergy in Children (Cow's Milk Protein Intolerance, CMPA)
- Celiac Disease in Children
- Pediatric Inflammatory Bowel Disease (IBD): Basics
- Pediatric Inflammatory Bowel Disease (IBD): Diagnosis
- Pediatric Inflammatory Bowel Disease (IBD): Management
- Fluid Replacement Therapy (FTP) in Children: Basics
- Fluid Replacement Therapy (FTP) in Children: Diagnosis
- Fluid Replacement Therapy (FTP) in Children: Management



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## **Gynecology**

| • | Abnormal Menstruation                              | 09 Videos |
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| • | Normal Puberty and Disorders of Sexual Development | 10 Videos |
| • | Reproductive Endocrinology                         | 17 Videos |
| • | Menopause  | 09 Videos |
| • | Gynecologic Pathology: Infections, Neoplasms and-  | 06 Videos |
|   | Screening  |           |
| • | Pediatric Gynecology                               | 05 Videos |
| • | Female Pelvic Medicine                             | 05 Videos |



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### **Abnormal Menstruation**

- Normal Menstrual Cycle
- Primary Amenorrhea: Causes
- Secondary Amenorrhea (Gynecology)
- Hypothalamic Amenorrhea and Case Studies
- Müllerian Duct Anomalies (MDA)
- Mayer-Rokitansky-Kuster-Hauser Syndrome and MDA
- Primary Ovarian Insufficiency (POI)
- POI: Mechanisms, FMR 1 and Management
- Molimina, PMS and PMDD

## Normal Puberty & Disorders of Sexual Development

- Types of Sex
- Puberty
- Congenital Adrenal Hyperplasia (CAH): Definition and Management
- Congenital Adrenal Hyperplasia (CAH): Diagnosis, Treatment, Outcomes and Infertility
- Congenital Adrenal Hyperplasia (CAH): Complications
- Turner Syndrome: Signs, Symptoms and Diagnosis
- Turner Syndrome: Management and Complications
- Androgen Insensitivity Syndrome: Complete and Partial AIS
- Androgen Insensitivity Syndrome: Management and Case Study
- XY Gonadal Dysgenesis (Swyer Syndrome)

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## Reproductive Endocrinology

- Virilization and Hirsutism
- Hirsutism: Differential Diagnosis, Examination and Management
- Abnormal Uterine Bleeding (AUB): Introduction and Classification
- AUB: Causes by Age Groups
- AUB: Diagnostic Evaluation and Case Study
- Hyperprolactinemia: Causes and Management
- Dopamine Agonists and Prolactinomas in Pregnancy
- Birth Control
- Contraceptives
- Infertility
- Assisted Reproductive Technology
- Hyperthyroidism and Hypothyroidism: Signs and Symptoms
- Functional Thyroid Disorders in Pregnancy
- Hyperthyroidism and Hypothyroidism: Diagnosis and Management
- Polycystic Ovary Syndrome (PCOS): Diagnosis and Fertility
   Considerations
- Female Sexual Dysfunction
- Desire, Arousal and Orgasm

## Menopause

- Perimenopause
- Menopause: Signs, Symptoms and Management
- Hormone Replacement Therapy
- Osteoporosis in Women
- DEXA and Secondary Osteoporosis
- Management of Osteoporosis in Women
- Postmenopausal Bleeding

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- Breast Cancer Screening in Women
- Colorectal Cancer (CRC) in Women

## Gynecologic Pathology: Infections, Neoplasms and Screening

- Selective Estrogen Receptor Modulators (SERMs)
- ASCO Guidelines and Case Study
- Sexually Transmitted Infections (STIs): Sores/Ulcers, Syphilis, and Genital Herpes Simplex
- Sexually Transmitted Infections: Drips/Discharges, Pelvic Inflammatory
   Disease, and Trichomonas Vaginalis
- HIV Infection in Women
- Cervical Cancer (HPV)

## Pediatric Gynecology

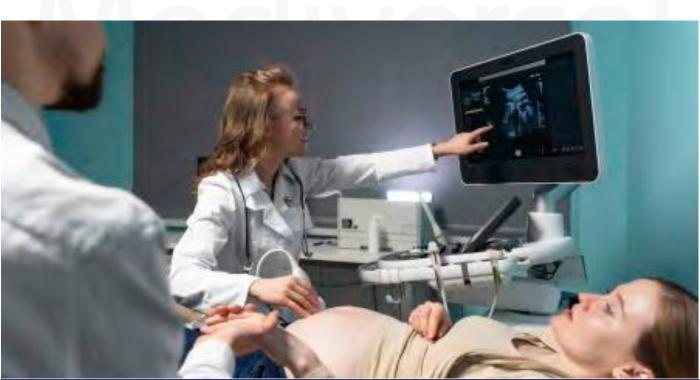
- Vulvovaginitis
- Reproductive Anatomy and Physiology in Girls
- Non-Specific Vulvovaginitis and Labial Agglutination
- Precocious and Delayed Puberty
- Sexual Abuse

### Female Pelvic Medicine

- Chronic Pelvic Pain
- Benign Gynecologic Conditions
- Intimate Partner Violence

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- Sexual Assault
- Ectopic Pregnancy: Definition and Treatment



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## Diseases of the Ear, Nose & Throat

| • | Otitis Media (Middle Ear Infection)               | 06 Videos |
|---|---|-----------|
| • | Candidiasis                                       | 05 Videos |
| • | HIV / AIDS  | 13 Videos |
| • | Syphilis  | 13 Videos |
| • | Systemic Lupus Erythematosus (SLE)                | 10 Videos |
| • | Pharyngitis                                       | 03 Videos |
| • | COVID-19 Overview and Management                  | 84 Videos |
| • | Diseases of the Ear, Nose and Throat - additional | 55Videos  |
|   | lectures  |           |



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## Haematology

## Hematologic Disorders

- Anemia and Iron Deficiency Red Cell Disorders
- Thalassemia Red Cell Disorders
- Types of Anemia Red Cell Disorders
- Polycythemia Red Cell Disorders
- Types Leukemia
- Acute Leukemia Leukemia
- Chronic Leukemia Leukemia
- Hodgkin Lymphoma Lymphoma
- Non-hodgkin Lymphomas Lymphoma
- Other Types Lymphoma
- Myelodysplasia Hematopoietic Malignancies and Aplastic Anemia
- Myeloproliferative Disease Non-malignant conditions and Multiple Myeloma
- Aplastic Anemia Hematopoietic Malignancies and Aplastic Anemia
- Hemostasis Bleeding Disorders
- Other Forms Bleeding Disorders
- Thrombosis Thrombosis and Anti-Thrombotic Therapy
- Anticoagulant Drugs Thrombosis and Anti-Thrombotic Therapy

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## Immune System

| Immune System: Overview and Cells               | 08 Videos |
|---|-----------|
| Innate Immune System                            | 08 Videos |
| Adaptive Immune System                          | 31 Videos |
| Humoral Immunity and Cell-Mediated Immunity     | 13 Videos |
| Immunodeficiency and Immune Deficiency Diseases | 16 Videos |
| Hypersensitivity and Autoimmune Disease         | 21 Videos |
| Transplantation Immunology                      | 06 Videos |
| Tumor Immunology                                | 07 Videos |
| Vaccine Immunology                              | 06 Videos |
| Immunodiagnostics                               | 08 Videos |

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## Immune System: Overview & Cells

- Introduction: Pathogens and the Immune System
- Immune Response
- Strategies to Eliminate Pathogens
- Organization of the Immune System
- Cells of the Innate Immune Response
- Phagocytic Cells
- Dendritic Cells, Eosinophils, Basophils, Mast Cells and Innate Lymphoid Cells
- Cells of the Adaptive Immune System

## Innate Immune System

- Introduction: The Innate Immune Response
- Pattern Recognition Receptors (PRRs)
- Inflammatory Signaling and Inflammasomes
- Acute Phase Response
- Acute Inflammation
- Chronic Inflammation
- Complement System
- Acute inflammatory, Type I interferon and NK cell responses

## **Adaptive Immune System**

- Recognition of Antigens Lymphocyte Development
- B-Cell Development in the Bone Marrow Lymphocyte
   Development Immunoglobulin Genes and Recombination Lymphocyte
   Development

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- Mediation of Antigen Receptor Genetic Recombination Lymphocyte Development
- Antibody Variable Region Diversity Lymphocyte Development
- Junctional Diversity, N-Nucleotide Addition and Somatic
   Hypermutation Lymphocyte Development
- Class Switch Recombination, Co-Expression and B-Cell Development – Lymphocyte Development
- T-Cell Development Lymphocyte Development
- T-Cell Development in Thymus and Genetic Recombination of TCR Lymphocyte Development
- Natural Killer T-Cells (NKT-Cells) Lymphocyte Development
- Overview of Lymphoid Tissues Lymphocyte Activation
- Secondary Lymphoid Tissues Lymphocyte Activation
- Germinal Center Lymphocyte Activation
- B- and T-Cell Activation Lymphocyte Activation
- B-Cell Differentiation Lymphocyte Activation
- Migration and Maturation of Interdigitating Dendritic Cells and T-Cell
- Differentiation Lymphocyte Activation Costimulation Lymphocyte Activation
- Introduction to Lymphocyte Recirculation Lymphocyte Recirculation and Homing
- Blood/Lymphatic Circulation and High Endothelial Venules Lymphocyte Recirculation and Homing
- Chemokines Lymphocyte Recirculation and Homing
- Migration of Central Memory and Effector Memory T-Cells Lymphocyte Recirculation and Homing
- Cell Adhesion Molecules (CAMs) Lymphocyte Recirculation and Homing Trafficking and Homing – Lymphocyte Recirculation and Homing Introduction – Antigen Processing and Presentation
- Major Histocompatibility Complex (MHC) Antigen Processing and Presentation

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- Polymorphism and TCR Recognition of Major Histocompatibility Complex
   Antigen Processing and Presentation
- Diversity of Major Histocompatibility Complex Antigen Processing and Presentation
- Structure of Major Histocompatibility Complex Antigen Processing and Presentation
- Main Pathways and Endogenous/Exogenous Antigens Antigen Processing and Presentation
- Cross-Presentation Antigen Processing and Presentation
- Presentation of Lipid Antigens by CD1 Antigen Processing and Presentation

## Humoral Immunity & Cell-mediated Immunity

- Humoral Immunity: Introduction
- Humoral Immunity: T-Dependent, T-Independent Antigens, and Class Switching
- Humoral Immunity: Structure of Antibodies and Immunoglobulin Domains
- Humoral Immunity: Antibody Polymers and Antibody Binding to Antigens
- Humoral Immunity: Function of Antibodies
- Cell-mediated Immunity: Introduction
- Cell-mediated Immunity: Gamma-Delta T-Cells, T-Cell Receptor, and Alpha-Beta T-Cells
- Cell-mediated Immunity: Th0, Th1, and Th2 Cells
- Cell-mediated Immunity: Regulatory T-Cells, Cytotoxic T-Cells, Macrophages, and Intraepithelial Lymphocytes
- Cell-mediated Immunity: Cytokines, Interferons, Interleukins, and Colony Stimulating Factors

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- Cell-mediated Immunity: Chemokines, Tumor Necrosis Factors, and Transforming Growth Factors
- Cell-mediated Immunity: Functional Modes of Cytokines and Cytokine Receptor Signaling
- Cell-mediated Immunity: Therapeutic Blocking of Pathological Cytokines and Therapeutic Cytokines

# Immunodeficiency and Immune Deficiency Diseases Introduction – Primary Immunodeficiency

- Complement Deficiencies Primary Immunodeficiency
- Phagocytic Cell Disorders Primary Immunodeficiency
- Autoinflammatory Disorders Primary Immunodeficiency
- Mutations Affecting T-cell Maturation
- B-Cell Immunodeficiencies: Common Variable Immunodeficiency, X-linked Agammaglobulinemia and Selective IgA
- Deficiency Primary Immunodeficiency
- T-Cell Immunodeficiencies: Hyper IgM Syndrome, Wiskott-Aldrich
   Syndrome and MHC Class II Deficiency Primary Immunodeficiency
- Primary Immunodeficiencies Associated with Autoimmune Disease
- Severe Combined Immunodeficiency (SCID) Primary Immunodeficiency
- Diagnosis Primary Immunodeficiency
- Treatment Primary Immunodeficiency
- Introduction Secondary Immunodeficiency
- Causes: Immaturity & Pregnancy Secondary Immunodeficiency Diseases
- Causes: Aging & Infections Secondary Immunodeficiency Diseases

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- HIV Infection and HIV Life Cycle
   Secondary Immunodeficiency
  Diseases
- HIV Disease: Clinical Course, Treatment & Prophylaxis Secondary Immunodeficiency Diseases

## Hypersensitivity and Autoimmune Disease

- Introduction to Hypersensitivity
- Hypersensitivity: Types
- Hypersensitivity: Type 1 Causes
- Allergy: Genetics and IgE
- IgE, Mast Cells and Eosinophils
- Allergy: Diagnosis, Therapy and Treatment of Asthma
- Hypersensitivity: Type 2
- Hypersensitivity: Type 3
- Hypersensitivity: Type 4
- Introduction to Autoimmune Diseases
- Immune Tolerance and Autoimmune Regulator (AIRE)
- Genetic Susceptibility to Autoimmune Diseases and Mechanisms
- Autoimmune Diseases: Types
- Autoimmune Hemolytic Anemia
- Goodpasture's Syndrome, Hashimoto's Thyroiditis, Graves' Disease and Type I Diabetes
- Rheumatoid Arthritis (RA)
- Acute Rheumatic Fever
- Systemic Lupus Erythematosus (SLE)
- Multiple Sclerosis (MS) and Guillain-Barré Syndrome (GBS)
- Celiac Disease
- Autoimmune Diseases: Therapy

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## Transplantation Immunology

- Introduction to the Problems and Rules of Transplantation
- Allograft Rejection and Blood Transfusion
- Blood Transfusion
- Direct and Indirect Alloantigen Recognition
- Major Histocompatibility Complex (MHC) and MHC Disparity
- Tissue Typing, Immunosuppressive Drugs and GVHD

## **Tumor Immunology**

- Introduction to Tumor Immunology
- Leukemia, Lymphoma & Myeloma
- Immune Response to Tumors: Tumor Antigens and Antitumor
   Immunity
- Tumor-Infiltrating NK Cells
- Tumor Evasion of the Immune Response and Immune Checkpoint Blockade
- Monoclonal Antibodies and Nonspecific Immunotherapy
- Tumor Vaccines

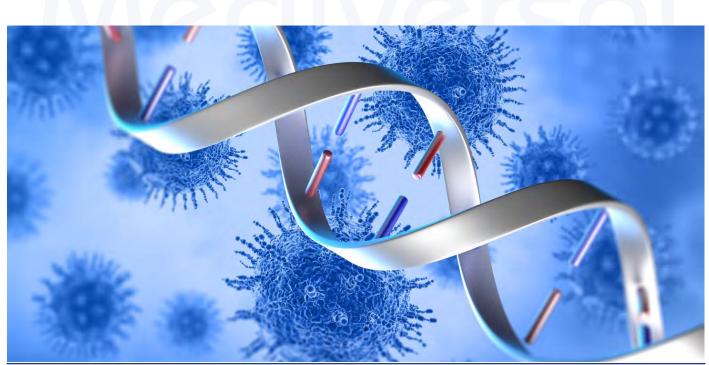
## Vaccine Immunology

- History of Vaccination
- Vaccine Components: Antigen, Carrier and Adjuvant
- Types of Vaccines (1): Live Attenuated Vaccines and Inactivated Vaccines
- Vaccination: Subunit Vaccines, Toxoid Vaccines, Conjugate Vaccines
- Future Needs for Vaccines: Influenza, COVID, Malaria, Tuberculosis, HIV

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## **Immunodiagnostics**

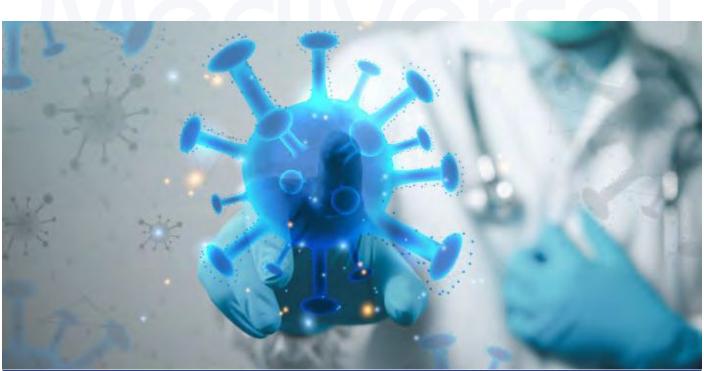
- Introduction to Immunodiagnostics
- Immunodiagnostic Methods: Agglutination, Nephelometry, Immunoprecipitation and Radial Immunodiffusion
- Electrophoresis and Western Blot
- Immunoassays: ELISA, RIA and Luminex™
- Immunofluorescence and Immunohistochemistry
- Flow Cytometry and Fluorescence-Activated Cell Sorter (FACS)
- Evaluation of Cellular Activity
- Preparation of Antibodies



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### **Infectious Diseases**

| <ul> <li>CNS Infection—Infectious Diseases</li> </ul>           | 17 Videos |
|---|-----------|
| Cardiovascular Infections                                       | 15 Videos |
| Upper Respiratory Infections                                    | 17 Videos |
| Gastrointestinal Infections                                     | 15 Videos |
| <ul> <li>Genital and Sexually Transmitted Infections</li> </ul> | 29 Videos |
| Urinary Tract Infections  | 06 Videos |



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## CNS Infection - Infectious Diseases

- Bacterial Meningitis: Definition
- Bacterial Meningitis: Signs/Symptoms in Newborns & Younger Children
- Neisseria Meningitidis (Meningococcus): Signs & Symptoms
- Bacterial Meningitis: Diagnosis & CSF Findings
- Bacterial Meningitis: Management & Empirical Treatment

When Gram's Stain (-)

- Bacterial Meningitis: Prognosis
- Bacterial Meningitis: Etiology & MCV-4 Meningococcal Vaccine
- Encephalitis: Definition and Etiology
- Encephalitis: Vector-borne Viruses
- Encephalitis: Signs & Symptoms
- Encephalitis: Diagnosis
- Encephalitis: Supportive Management
- Brain Abscess: Etiology
- Brain Abscess: Pathology
- Brain Abscess: Signs & Symptoms
- Brain Abscess: Diagnosis
- Brain Abscess: Initial Management

# Infectious Diseases - Pediatric Nursing

- Varicella: Etiology and Pathology (Pediatric Nursing)
- Varicella: Signs and Diagnosis (Pediatric Nursing)
- Varicella: Management and Complications (Pediatric Nursing)
- Diphtheria: Etiology and Pathology (Pediatric Nursing)

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- Diphtheria: Signs and Diagnosis (Pediatric Nursing)
- Diphtheria: Management and Complications (Pediatric Nursing)
- Erythema Infectiosum Fifth Disease (Pediatric Nursing)
- Roseola (Pediatric Nursing)
- Measles: Etiology and Pathology (Pediatric Nursing)
- Measles: Signs, Exam, and Diagnosis (Pediatric Nursing)
- Measles: Management and Complications (Pediatric Nursing)
- Mumps: Pathology and Etiology (Pediatric Nursing)
- Mumps: Signs, Exam, and Diagnosis (Pediatric Nursing)
- Mumps: Management and Complications (Pediatric Nursing)
- Rubella: Pathology and Etiology (Pediatric Nursing)
- Rubella: Signs, Exam, and Diagnosis (Pediatric Nursing)
- Rubella: Management and Complications (Pediatric Nursing)
- Viral vs. Bacterial Conjunctivitis (Pediatric Nursing)
- Ophthalmia Neonatorum (Pediatric Nursing)
- Allergic vs. Irritant Conjunctivitis (Pediatric Nursing)
- Conjunctivitis: Exam and Diagnosis (Pediatric Nursing)
- Conjunctivitis: Management and Complications (Pediatric Nursing)
- Giardia: Etiology and Pathology (Pediatric Nursing)
- Giardia: Signs, Exam, and Diagnosis (Pediatric Nursing)
- Giardia: Management and Complications (Pediatric Nursing)
- Pinworms: Etiology and Pathology (Pediatric Nursing)
- Pinworms: Signs and Management (Pediatric Nursing)
- Infectious Diseases: In a Nutshell (Pediatric Nursing)
- Pediatric Immunizations (Nursing)
- Sepsis: Pediatric Sepsis (Nursing)

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#### Infectious Skin Diseases

- Folliculitis
- Verruca (Plantar Wart)
- Herpes Zoster (Shingles)
- Primary Varicella (Chickenpox) and Candidiasis (Yeast Infection)
- Erysipelas and Molluscum Contagiosum
- Herpes Simplex (HSV)
- Impetigo (School Sores) and Staph Scalded Skin Syndrome (SSSS)
- Tinea Infections (Ringworm): Tinea Corporis & Tinea Capitis
- Onychomycosis (Nail fungus) and Scabies (Sarcoptic Mange)
- Syphilis
- Erythema Migrans (Lyme Disease) and Erythema Infectiosum (Fifth Diease)
- Toxic Shock Syndrome and Necrotizing Fasciitis (Flesh-Eating Disease)

### Pharmacology

- Pharmacokinetics and Pharmacodynamics
- ANS Pharmacology
- CNS Pharmacology
- Toxicology
- Cardiovascular Pharmacology
- Pharmacology of Blood Coagulation
- Endocrine Pharmacology
- Reproductive Pharmacology
- Inflammation Pharmacology
- Respiratory Pharmacology
- Gastrointestinal Pharmacology
- Antimicrobial Pharmacology
- Topical Medications

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### Nephrology

| Nephrology                            | 124 Videos |
|---------------------------------------|------------|
| Pediatric Nephrology & Urology        | 015 Videos |
| Renal System - Clinical Medicine (PA) | 010 Videos |



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### Nephrology

- Acute Kidney Injury (AKI)
- Chronic Kidney Disease (CKD)
- Nephrolithiasis (Kidney Stones)
- Water Balance: Hypo- and Hypernatremia
- Potassium Disorders: Hypo- and Hyperkalemia
- Secondary Hypertension
- Nephrotic Syndrome
- Nephritic Syndrome
- Renal Replacement Therapy
- Urinary Tract Infection (UTI)

### Pediatric Nephrology & Urology

- Pediatric Hematuria (Blood in Urine)
- Pediatric Glomerulonephritis
- Pediatric Proteinuria (Protein in Urine)
- Tubular Proteinuria and Focal Segmental Glomerulosclerosis (FSGS)
- Workup of Proteinuria and Nephrotic Syndrome in Children
- Hemolytic-Uremic Syndrome (HUS) in Children
- Vesicoureteral Reflux (VUR) and Types of Reflux
- Posterior Urethral Valves (PUV) and Ureteropelvic Junction (UPJ) Obstruction
- Vesicoureteral Reflux (VUR): Management
- Pediatric Polycystic Kidney Disease
- Renal Tubular Acidosis (RTA) in Children: Type 1
- Renal Tubular Acidosis (RTA) in Children: Type 2 and 3
- Renal Tubular Acidosis (RTA) in Children: Type 4 and Review
- Pediatric Rhabdomyolysis
- Undescended Testicle in Children and Painful Testicle Syndrome

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# Renal System – Clinical Medicine (PA)

- Acute Kidney Injury (AKI)
- Chronic Kidney Disease (CKD)
- Nephrolithiasis (Kidney Stones)
- Water Balance: Hypo- and Hypernatremia
- Potassium Disorders: Hypo- and Hyperkalemia
- Secondary Hypertension
- Nephrotic Syndrome
- Nephritic Syndrome
- Renal Replacement Therapy
- Urinary Tract Infection (UTI)



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### **Nutrition**

| Nutrition   | 16 Videos |
|---|-----------|
| Vitamins  | 12 Videos |
| Nutrition, Health Promotion and Maintenance               | 07 Videos |
| FEN (Fluids, Electrolytes, Nutrition) – Pediatric Nursing | 14 Videos |



#### **Nutrition**

- Energy Considerations in Nutrition
- Use of Calories
- Body Mass Index (BMI)
- Introduction to Vitamins
- Vitamin B1 and B2
- Vitamin B3, B5, B6 and B7
- Vitamin B9 (Folic Acid)
- Vitamin B12 (Cobalamin)
- Vitamin C (Ascorbic Acid)
- Vitamin A (Retinol, Retinoic Acid, Retinal)
- Vitamin K (Quinone) and Vitamin E (Tocopherols)
- Vitamin D (Calciferol, Calcitriol)
- Pregnancy Nutrition
- Newborn Feeding
- Considerations for Older Adults
- Malnutrition

#### **Vitamins**

- Vitamin A: Introduction
- Vitamin A: Steps in Light Detection
- Vitamin A: Color Detection, Visual Cycle and Retinoic Acid Function
- Vitamin D: Introduction
- Vitamin D3 and Calcium
- Vitamin D and Calcium Levels
- Vitamin D and Intracellular Actions
- Vitamin K
- Vitamin E

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- Folate Metabolism and Recycling
- Folate Metabolism Overview and Health

## Nutrition, Health Promotion & Maintenance

- Nutrition and Diets
- Nutrition: In a Nutshell
- Activity and Exercise
- Activity and Exercise: In a Nutshell
- Sleep and Health
- Sleep Hygiene and Factors Influencing Sleep
- Sleep: In a Nutshell

# FEN (Fluids, Electrolytes, Nutrition) – Pediatric Nursing

- Pediatric Fluid Balance (Nursing)
- Pediatrics vs. Adult Fluid Differences (Nursing)
- Fluid Intake and Output (Nursing)
- Dehydration and Fluid Loss (Nursing)
- Acute and Chronic Diarrhea in Children (Nursing)
- Types of Dehydration: Hypotonic, Isotonic, and Hypertonic (Nursing)
- Dehydration: Signs and Symptoms and Diagnosis (Nursing)
- Dehydration: Case Study (Nursing)
- Oral Rehydration Therapy (Nursing)
- Calculating Daily Maintenance Fluid Requirements (Nursing)
- Management of Dehydration: Fluid Bolus Therapy (Nursing)
- Management of Dehydration: Fluid Bolus with Fluid Overload (Nursing)

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- Fluid Overload (Nursing)
- Pediatric Case: Fluid Overload (Nursing)



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### **Pediatrics**

| Pediatric Cardiology                   | 18 Videos |
|--|-----------|
| Pediatric Pulmonology                  | 19 Videos |
| Pediatric Gastroenterology             | 33 Videos |
| Pediatric Endocrinology                | 26 Videos |
| Pediatric Neurology                    | 19 Videos |
| Pediatric Rheumatology and Orthopedics | 14 Videos |
| Pediatric Nephrology and Urology       | 15 Videos |
| Pediatric Hematology                   | 18 Videos |
| Pediatric Infectious Diseases          | 38 Videos |
| Pediatric Allergy and Immunology       | 05 Videos |
| Pediatric Dermatology                  | 11 Videos |
| Adolescent Medicine                    | 19 Videos |
| Neonatology (Newborn Medicine)         | 21 Videos |
| Child Development and Behavior         | 10 Videos |
| Pediatric Genetics                     | 13 Videos |
| Pediatric Emergency Medicine           | 26 Videos |
| Pediatric Oncology                     | 08 Videos |
| Pediatric Radiology                    | 03 Videos |

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### **Pediatric Cardiology**

- Diagnosis if a Baby is Blue and Hyperoxia Test
- Truncus Arteriosus and Transposition of the Great Vessels (TGV)
- Tricuspid Atresia
- Tetralogy of Fallot (TOF)
- Total Anomalous Pulmonary Venous Return (TAPVR)
- Hypoplastic Left Heart Syndrome (HLHS)
- Coarctation of the Aorta
- Hypertrophic Obstructive Cardiomyopathy (HOCM)
- Patent Ductus Arteriosus (PDA)
- Atrial Septal Defect (ASD)
- Ventricular Septal Defect (VSD)
- Infective Endocarditis (IE)
- Acquired Myocarditis
- Cardiomyopathy in Children
- Pericarditis
- Bradycardia (Slow Heart Rate)
- Tachyarrhythmias (Tachycardia): Definition
- Tachyarrhythmias (Tachycardia): Treatment

### Pediatric Pulmonology

- Pediatric (Childhood) Asthma: Pathology, Signs & Symptoms
- Pediatric (Childhood) Asthma: Clinical Presentation
- Pediatric (Childhood) Asthma: Diagnosis & Treatment
- Pediatric Asthma: Management
- Bronchiolitis: Causes and Risks
- Bronchiolitis: Diagnosis
- Bronchiolitis: Clinical Presentation & Management

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- Cystic Fibrosis (CF): Pathology
- Cystic Fibrosis (CF): Clinical Presentation, Signs & Symptoms
- Cystic Fibrosis (CF): Diagnosis & Management
- Chronic Lung Disease of Prematurity (Bronchopulmonary Dysplasia BPD)
- Surfactant Deficiency
- Pulmonary Hypoplasia
- Diaphragmatic Hernia and Congenital Cystic Adenomatoid Malformation (CCAM)
- Pediatric Pulmonary Embolism (PE)
- Allergic Bronchopulmonary Aspergillosis (ABPA)
- Ciliary Dyskinesia
- Alpha-1 Antitrypsin Deficiency
- Pediatric Pneumothorax

### Pediatric Gastroenterology

- Approach to Vomiting
- Pediatric Diarrhea: Pathology
- Pediatric Diarrhea: History & Physical Exam
- Pediatric Diarrhea: Lab Work & Imaging
- Conjugated Hyperbilirubinemia
- Alagille Syndrome
- Biliary Atresia
- Pediatric Choledochal Cysts
- Appendicitis in Children
- Pediatric Meckel's Diverticulum
- Intussusception in Children
- Pancreatitis in Children: Pathology
- Pancreatitis in Children: Signs, Symptoms, Diagnosis & Management

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- Pediatric Cholecystitis (Inflammation of the Gallbladder)
- Failure to Thrive (FTT): Pathology
- Failure to Thrive (FTT): History & Physical Exam
- Failure to Thrive (FTT): Management
- Constipation in Children: Pathology & Clinical Presentation
- Constipation in Children: Diagnosis & Management
- Hirschsprung's Disease (Congenital Megacolon)
- Congenital Hypertrophic Pyloric Stenosis
- Duodenal Atresia in Children
- Intestinal Malrotation
- Gastroesophageal Reflux Disease (GERD): Pathology, Signs & Symptoms
- Gastroesophageal Reflux Disease (GERD): Diagnosis & Management
- Milk Protein Allergy in Children (Cow's Milk Protein Intolerance, CMPA)
- Celiac Disease in Children
- Pediatric Inflammatory Bowel Disease (IBD): Basics
- Pediatric Inflammatory Bowel Disease (IBD): Diagnosis
- Pediatric Inflammatory Bowel Disease (IBD): Management
- Fluid Replacement Therapy (FTP) in Children: Basics
- Fluid Replacement Therapy (FTP) in Children: Diagnosis
- Fluid Replacement Therapy (FTP) in Children: Management

### Pediatric Endocrinology

- Tracking Growth in Children
- Understanding Short Stature in Children
- Growth Delay: Diagnosis & Management
- Normal Puberty in Children
- Precocious Puberty in Children
- Delayed Puberty in Children
- Inborn Errors of Metabolism: Metabolic Pathways

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- Disorders of Carbohydrate Metabolism
- Disorders of Amino Acid Metabolism
- Defects of Fatty Acid Oxidation
- Urea Cycle Disorders
- Type 1 Diabetes (Juvenile Diabetes): Basics
- Type 1 Diabetes (Juvenile Diabetes): Typical Presentation
- Type 1 Diabetes (Juvenile Diabetes): Diagnosis
- Type 1 Diabetes (Juvenile Diabetes): Management
- Type 2 Diabetes (Adult Onset Diabetes)
- Diabetes Insipidus (DI) in Children
- SIADH (Syndrome of Inappropriate Antidiuretic Hormone Secretion) in Children
- Hyperthyroidism in Children
- Hypothyroidism in Children
- Congenital Adrenal Hyperplasia (CAH) in Children
- Cushing's Syndrome in Children
- Adrenal Insufficiency (Addison's Disease) in Children
- Calcium Homeostasis in Children
- Hypocalcemia in Children
- Hypercalcemia in Children

### Pediatric Neurology

- Seizures in Children: Introduction
- Status Epilepticus: Management
- Generalized Seizure in Children
- Febrile Seizure
- Ataxia in Children
- Migraines and Headaches in Children
- Secondary Headache in Children

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- Guillan-Barré Syndrome (GBS) and Acute Disseminated Encephalomyelitis (ADEM)
- Muscular Dystrophy in Children
- Spinal Muscular Atrophy (SMA) in Children
- Infant Botulism
- Myasthenia Gravis in Children
- Tuberous Sclerosis in Children
- Neurofibromatosis (NF) and Sturge Weber Syndrome
- Increased Intracranial Pressure (ICP), Hydrocephalus & Dandy-Walker Variant (DWV)
- Arnold-Chiari Malformations and Craniosynostosis
- Cerebral Palsy (CP)
- Intellectual Disability in Children
- Tics and Tourettes in Children

## Pediatric Rheumatology and Orthopedics

- Juvenile Idiopathic Arthritis (JIA)
- Juvenile Idiopathic Arthritis (JIA): Diagnosis & Management
- Swollen Joint in Children: Reactive Arthritis & Transient Synovitis (TS)
- Systemic Lupus Erythematosus (SLE) in Children
- Systemic Lupus Erythematosus (SLE) in Children: Labs and Management
- Granulomatosis with Polyangiitis and Goodpasture Syndrome
- Henoch-Schönlein Purpura (HSP, Spring Fever)
- Kawasaki Disease (Mucocutaneous Lymph Node Syndrome)
- Developmental Dislocation (Dysplasia) of the Hip (DDH)
- Clubfoot (Talipes Equinovarus) and Metatarsus Adductus

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- Pediatric Orthopedic Leg Problems: Blount's Disease, Legg-Calvé-Perthes Disease
- (LCPD), Slipped Capital Femoral Epiphysis (SCFE) and Osgood-Schlatter Disease (OSD)
- Nursemaid's Elbow
- Scoliosis in Children
- Osteogenesis Imperfecta (Brittle Bone Disease) in Children

## Pediatric Nephrology and Urology

- Pediatric Hematuria (Blood in Urine)
- Pediatric Glomerulonephritis
- Pediatric Proteinuria (Protein in Urine)
- Tubular Proteinuria and Focal Segmental Glomerulosclerosis (FSGS)
- Workup of Proteinuria and Nephrotic Syndrome in Children
- Hemolytic-Uremic Syndrome (HUS) in Children
- Vesicoureteral Reflux (VUR) and Types of Reflux
- Posterior Urethral Valves (PUV) and Ureteropelvic Junction (UPJ) Obstruction
- Vesicoureteral Reflux (VUR): Management
- Pediatric Polycystic Kidney Disease
- Renal Tubular Acidosis (RTA) in Children: Type 1
- Renal Tubular Acidosis (RTA) in Children: Type 2 and 3
- Renal Tubular Acidosis (RTA) in Children: Type 4 and Review
- Pediatric Rhabdomyolysis
- Undescended Testicle in Children and Painful Testicle Syndrome

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### Pediatric Hematology

- Anemia in Children: Three Categories
- Anemia in Children: Severity and Diagnosis
- Direct and Indirect Coombs Tests
- Anemia in Children: Pathology and Diagnosis
- Pediatric Iron Deficiency Anemia, Vitamin B12 Deficiency, Folate
   Deficiency & Erythrocyte Aplasia
- Pediatric Pyruvate Kinase Deficiency, Autoimmune Hemolytic Anemia
   (AIHA) & Hereditary Spherocytosis
- Pediatric Bleeding Disorders: Von Willebrand Disease (VWD)
- Pediatric Bleeding Disorders: Hemophilia
- Hypercoagulability: Primary Causes
- Hypercoagulability: Secondary Causes
- Pediatric Sickle Cell Disease
- Hemoglobin SS Disease
- Pediatric Sickle Cell Disease: Management
- Pediatric Thalassemia
- Pediatric G6PD Deficiency
- Disseminated Intravascular Coagulation (DIC) in Children
- Idiopathic Thrombocytopenic Purpura (ITP)
- Pediatric Neutropenia

#### **Pediatric Infectious Diseases**

- The Febrile Baby: Introduction
- The Febrile Baby: Herpes Simplex Virus (HSV) Disease in the Neonate
- The Febrile Baby: Urinary Tract Infection (UTI), Bacteremia & Meningitis
- Infections of the Upper Pediatric Airway: Stomatitis (Oral Mucositis)
- Infections of the Upper Pediatric Airway: Peritonsillar Abscess (Quinsy)

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- Infections of the Upper Pediatric Airway: Epiglottitis
- Infections of the Upper Pediatric Airway: Retropharyngeal Abscess
- Infections of the Upper Pediatric Airway: Croup
- Community-acquired Pneumonia (CAP): Pathology, Diagnosis, Signs &
   Symptoms
- Community-acquired Pneumonia (CAP): Management
- Mycoplasma Pneumonia in Children
- Pneumonia in Children: Pertussis (Whooping Cough)
- Meningitis in Children: Pathology and Diagnosis
- Meningitis in Children: Bacterial vs. Viral, Suspected Bacterial
- Orbital Cellulitis and Preseptal Cellulitis: Pathology & Clinical Presentation
- Orbital Cellulitis and Preseptal Cellulitis: Diagnosis & Management
- Cervical Lymphadenitis: Differential Diagnosis
- Bacterial Cervical Lymphadenitis: Management & Diagnosis
- Scarlet Fever and Rheumatic Fever in Children
- Tuberculosis (TB) in Children: Pathology & Diagnosis
- Tuberculosis (TB) in Children: Management
- Malaria in Children
- Mononucleosis (Mono) in Children
- HIV in Children: Pathology, Clinical Presentation & Diagnosis
- HIV in Children: Management & Prevention
- Toxic Shock Syndrome (TSS) in Children
- Urinary Tract Infections (UTI, Bladder Infection) in Children: Pathology
   & Diagnosis
- Urinary Tract Infections (UTI, Bladder Infection) in Children: Management
- Urinary Tract Infections (UTI, Bladder Infection) in Children: Underlying Renal Abnormalities & Prevention
- Skin and Soft Tissue Infections (SSTI) in Children: Pathology, Clinical Presentation & Diagnosis
- Skin and Soft Tissue Infections (SSTI) in Children: Management

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- Osteomyelitis (Bone Infection) and Septic Arthritis in Children:
   Pathology
- Septic Arthritis in Children
- Osteomyelitis (Bone Infection) and Chronic Recurrent Multifocal Osteomyelitis (CRMO) in Children
- Immunizations in the United States: Introduction
- Immunizations in the United States: Vaccines
- Immunizations in the United States: Combined Vaccines and Special Considerations
- Tick-Borne Disease, Lyme Disease, Rocky Mountain Spotted Fever (RMSF) & Ehrlichiosis

### Pediatric Allergy and Immunology

- Urticaria (Hives) and Angioedema in Children
- Anaphylaxis and Food Allergy (Hypersensitivity) in Children
- T-Cell Deficiency, Severe Combined Immunodeficiency (SCID),
   Ataxia-Telangiectasia, Wiskott-Aldrich syndrome (WAS) & DiGeorge Syndrome
- Chronic Granulomatous Disease (CGD)
- Humoral Immune Deficiency

### **Pediatric Dermatology**

- Eczema in Children
- Seborrheic Dermatitis, Psoriasis and Impetigo in Children
- Erythema Multiforme and Stevens-Johnson Syndrome (SJS) in Children
- Serum Sickness in Children
- Drug Reaction with Eosinophilia and Systemic Symptoms (DRESS)

Hemangioma

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- Nevus (Moles) in Children
- Scabies, Head Lice (Pediculosis Capitis) and Tinea Corporis (Ringworm)
   in Children
- Pityriasis Rosea in Children
- Warts (Verruca Vulgaris) and Molluscum Contagiosum in Children
- Hair Loss in Children: Alopecia Areata, Nevus Sebaceus, Traction Alopecia & Trichotillomania (TTM)

#### **Adolescent Medicine**

- Dysfunctional Uterine Bleeding (DUB) in Adolescent Girls
- Dysmenorrhea in Adolescent Girls
- Contraception for Adolescent
- Managing Contraceptive Use
- Primary Amenorrhea: Physical Exam
- Secondary Amenorrhea (Adolescent Medicine)
- Vaginitis in Adolescent Girls
- Urethritis in Adolescents
- Pelvic Inflammatory Disease (PID) in Adolescents
- Human Papilloma Virus (HPV) and Genital Warts in Adolescents
- Genital Herpes in Adolescents
- Syphilis in Adolescents
- Breast Masses in Adolescent Girls: Fibroadenoma & Mastitis
- Scrotal Masses in Adolescent Males: Testicular Torsion, Epididymitis, Hydrocele & Varicocele
- Gynecomastia in Adolescent Males
- Depression and Suicide in Adolescents
- Substance Abuse in Adolescents
- Acute Management of Drug Overdose in Adolescents
- Eating Disorders in Adolescents: Bulimia Nervosa & Anorexia Nervosa

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## Neonatology (Newborn Medicine)

- Neonatology (Newborn Medicine): Introduction
- Neonatal Resuscitation
- Newborn Physical Exam (Part 1)
- Newborn Physical Exam (Part 2)
- Breastfeeding and Anticipatory Guidance for New Parents
- Breastfeeding Problems
- General Infant Care
- Prematurity and Respiratory Distress Syndrome (RDS)
- Apnea of Prematurity and Necrotizing Enterocolitis (NEC)
- Intraventricular Hemorrhage (IVH)
- Infant of a Diabetic Mother
- Laryngomalacia and Tracheomalacia
- Tracheoesophageal Fistula (TEF)
- Neonatal Hyperbilirubinemia (Neonatal Jaundice)
- Unconjugated Hyperbilirubinemia
- Neonatal Hyperbilirubinemia (Neonatal Jaundice): Evaluation of a Baby
- Gastroschisis and Omphalocele
- Neonatal Abstinence Syndrome (NAS)
- Congenital Toxoplasmosis
- Congenital Syphilis
- HIV in Infants: Perinatal Transmission and Management
- Congenital Rubella (German Measles) and Cytomegalovirus Infection (CMV)
- Congenital Herpes Simplex Virus (HSV)

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## Child Development and Behavior

- Attention-Deficit/Hyperactivity Disorder (ADHD)
- ADHD: Diagnosis
- ADHD: Management
- Autism Spectrum Disorders (ASD)
- Vaccine-Autism-Connection and Clinical Diagnosis
- Sleep Problems in Children
- Baby Colic and Breath Holding Spells
- Toilet Training
- Enuresis
- Encopresis

#### **Pediatric Genetics**

- Trisomy 21
- Trisomy 21: Prenatal Screening
- Trisomy 18 and Trisomy 13
- Klinefelter (XXY) and Turner Syndrome (Gonadal Dysgenesis)
- DiGeorge Syndrome
- Williams Syndrome
- Fragile X Syndrome (FXS, Martin-Bell Syndrome)
- Prader-Willi (PWS) and Angelman Syndrome (AS, Happy Puppet Syndrome) in Children
- Marfan Syndrome (MFS)
- Ehlers-Danlos Syndrome (EDS, Elastic Skin)
- CHARGE and VACTERL
- Treacher-Collins Syndrome (TCS) and Pierre Robin Sequence

Fetal Alcohol Syndrome (FAS)

### Pediatric Emergency Medicine

- Red Eye and Orbital Trauma
- Shock in Children
- Treatment of Shock
- Pediatric Primary and Secondary Survey: Introduction
- Pediatric Primary Survey
- Pediatric Secondary Survey
- Burns in Children
- Treatment of Burns
- Common Poisonings in Children
- Aspirin Toxicity
- Acetaminophen Toxicity in Children
- Hypoglycemic Agents, Caustic Agents and Drugs of Abuse

### Rheumatology - Pathology

- Lead Poisoning (Plumbism) in Children
- When Babies Stop Breathing: ALTE, BRUE and SIDS
- Sudden Infant Death Syndrome (SIDS)
- Child Abuse
- Child Abuse: Diagnosis and Management
- Sexual Abuse of Children
- Lacerations. Wounds and Bites in Children
- Treatment of Lacerations
- Pediatric Bone Fractures
- Greenstick-, Buckle-, Apophyseal Avulsion-, Supracondylar and Toddler's Fractures
- Epistaxis and Nasal Trauma

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- Sinusitis (Sinus Infection) in Children
- Otitis Media (Middle Ear Infection) in Children
- Otitis Externa (Swimmer's Ear) and Mastoiditis in Children

### Pediatric Oncology

- Leukemia in Children
- Leukemia in Children: General Symptoms
- Lymphoma in Children
- Central Nervous System Tumors in Children
- 3 Major Types of CNS Tumors: Medulloblastoma & Primitive Neuroectodermal Tumor (PNET), Ependymoma and Glioma
- Neuroblastoma in Children
- Wilms Tumor
- Retinoblastoma in Children

### Pediatric Radiology

- Pediatric Fractures
- Chest Abnormalities in Pediatric Radiology
- Bowel Abnormalities in Pediatric Radiology

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### **Physical Examination**

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| Examination of the Breast and Lymph System           | 05 Videos |
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## Introduction to the Physical Exam

- Purpose of the Physical Exam
- Physical Exam Likelihood Ratios

## Examination of Cardiovascular and Respiratory System

- Patient Introduction and Review of Lung and Heart Anatomy
- Examination of the Cardiovascular System
- Auscultation of the Heart: Heart Sounds
- Auscultation of the Heart: Systolic Murmurs
- Aortic Stenosis Systolic Murmurs
- Mitral Regurgitation Systolic Murmurs
- Tricuspid Regurgitation Systolic Murmurs
- Hypertrophic Obstructive Cardiomyopathy Systolic Murmurs
- Functional or Flow Murmur Systolic Murmurs
- Auscultation of the Heart: Diastolic Murmurs
- Palpation and Percussion of the Heart
- Intravascular Volume Assessment Findings in Heart Failure
- Peripheral Edema Findings in Heart Failure
- Physical Exam Findings in Pericarditis
- Physical Exam Findings in Spontaneous Bacterial Endocarditis
- Physical Exam Findings in Peripheral Artery Disease (PAD)
- Quick Review: Examination of the Cardiovascular System
- Inspection of the Chest Lung Examination
- Auscultation of the Lungs: Breath Sounds
- Percussion of the Chest Lung Examination

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- Special Tests in the Lung Examination
- Quick Review: Examination of the Respiratory System

## Examination of the Head and Neck Region

- Patient Introduction and Review of Head and Neck Anatomy
- Examination of the Head, Neck, and Ears
- Examination of the Nose and Mouth
- Patient Introduction and Review of Eye Anatomy
- Examination of the Eye
- Fundoscopic Examination
- Quick Review: Examination of the Head, Neck, and Eye
- Examination of the Thyroid
- Physical Exam Findings in Hypothyroidism, Hyperthyroidism, and Graves'
   Disease
- Quick Review: Examination of the Thyroid

# Examination of the Abdominal Region

- Patient Introduction and Review of the Abdominal Anatomy
- Examination of the Abdomen
- Physical Exam Findings in Cirrhosis
- Physical Exam Findings of Cholecystitis and Appendicitis
- Abdominal Wall Tenderness Test
- Quick Review: Examination of the Abdominal Region

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#### **Examination of the Skin**

- Patient Introduction and Review of the Etiology of Rash
- Examination of the Skin and the Mucosal Surfaces
- Examination of the Scalp
- Quick Review: Examination of the Skin

## Examinations of the Neck and Back Region

- Patient Introduction and Review of Neck and Back Anatomy
- Etiologies of Neck and Back Pain
- Examination of the Neck and Back
- Examination of the Hip
- Quick Review: Examination of the Neck, Back, and Hip
- Review of the Motor Neuron and Motor Neuron Injuries
- Strength Testing
- Reflex Testing
- Sensory Examination
- Tests for Cervical and Lumbar Radiculopathy
- Quick Review: Examination of the Motor Neurons

## Examination of the Upper Extremities

- Patient Introduction and Review of the Shoulder Anatomy
- Examination of the Shoulder
- Rotator Cuff Tear Tests
- Additional Structures Testing

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- Quick Review: Examination of the Shoulder
- Patient Introduction and Review of Hand Anatomy
- Examination of the Hand and Wrist
- Physical Exam Findings in Hand, Wrist, and Elbow
- Quick Review: Examination of the Hand, Wrist, and Elbow

## Examination of the Lower Extremities

- Patient Introduction and Review of the Knee Anatomy
- Examination of the Knee
- Physical Findings in Knee Pain
- Quick Review: Examination of the Knee
- Patient Introduction and Review of Foot and Ankle Anatomy
- Examination of the Foot and Ankle
- Quick Review: Examination of the Foot and Ankle

# Examination of the Male and Female Genitourinary System

- Patient Introduction and Review of Anatomy of the Male Genitourinary System
- Examination of the Male Genitourinary System
- Examination of the Rectum and Prostate
- Quick Review: Examination of the Male Genitourinary System
- Patient Introduction and Review of Anatomy of the Female Genitourinary System
- Female Pelvic Exam: Bimanual Examination
- Female Pelvic Exam: Speculum Examination

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• Quick Review: Examination of the Female Genitourinary System

## Examination of the Breast and Lymph System

- Patient Introduction and Review of Breast Anatomy and the Lymph System
- Examination of the Breast
- Quick Review: Examination of the Breast
- Examination of the Lymphatic System
- Quick Review: Examination of the Lymphatic System

## Examination of the Nervous System

- Patient Introduction and Review of the Etiology of Headache
- Examination of the Cranial Nerves I VI
- Examination of the Cranial Nerves VII XII
- Examination of the Cerebellum
- Examination of Cortical Sensation
- Physical Findings in Meningitis
- Quick Review: Examination of the Cranial Nerves

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### Psychiatric Assessment

- Psychiatric History
- Taking the History
- Mental Status Exam
- Suicide Risk Assessment
- Biopsychosocial Formulation
- Types and Application of Psychotherapy
- Types of Psychotherapy

### Psychiatric Assessment

- Behavioral Theories and Sigmund Freud
- Mature Defenses
- Neurotic Defenses
- Immature Defenses
- Other Defenses
- Overview of Personality Disorders
- Cluster A Personality Disorders
- Cluster B Personality Disorders
- Cluster C Personality Disorders

## Schizophrenia & Thought Disorders

- Psychosis, Delusions and Hallucinations
- Thought Disorders
- Schizophrenia: Epidemiology and Pathophysiology
- Schizophrenia: Assessment
- Schizophrenia: Treatment

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- Antipsychotics
- Neuroleptic Malignant Syndrome and Catatonia
- Atypical Antipsychotics

#### **Mood Disorders**

- Depression: Definition and Pathogenesis
- Depression: Diagnosis and Symptoms
- Depression: Types
- Depression: Screening and Treatment
- Antidepressants
- Major Depression: Treatment
- Bipolar Disorder: Definition, Types and Diagnosis
- Bipolar Disorder: Causes, Assessment
- Bipolar Disorder: Diagnosis and Major Depression
- Bipolar Disorder: Treatment
- Mood Stabilizers

## Anxiety & Stress Related Disorders

- Panic and Agoraphobia ediversal
- Panic: Diagnosis and Management
- Cognitive Behavioral Therapy (CBT)
- Obsessive Compulsive Disorder (OCD)
- OCD: Types, Assessment and Treatment
- Phobias
- Post-Traumatic Stress Disorder (PTSD)
- PTSD: Management
- Anxiolytics

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#### **Control Disorders**

- Substance-related Disorders and Addictive Disorders
- Alcohol and Delirium
- Wernicke Encephalopathy and Korsakoff's Syndrome
- Substance-related Disorders
- Impulse Control Disorder
- Intermittent Explosive Disorder (IED)
- Gambling Disorder
- Kleptomania
- Pyromania
- Trichotillomania (TTM)
- Eating Disorders
- Bulimia Nervosa
- Binge Eating Disorder

## Mild & Major Neurocognitive Disorders

- Assessing Cognitive Disorders
- Neurocognitive Disorders
- Neurocognitive Disorders: Causes
- Delirium
- Delirium: Diagnosis and Management
- Difference between Delirium and Dementia
- Childhood Development
- Disruptive Behavioral Disorders
- Attention-Deficit/Hyperactivity Disorder (ADHD): Diagnosis
- ADHD: Management
- Pervasive Developmental Disorders

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• Disorders and Treatment Considerations in Older Adults: Depression

### **Dissociative Disorders**

- Dissociative Disorders: Overview
- Dissociative Amnesia
- Dissociative Fugue
- Dissociative Identity Disorder
- Depersonalization and Derealization Disorder
- Somatization
- Somatization Disorder
- Somatization Disorder Assessment
- Past Medical Illness
- Somatic Symptom and Other Disorders
- Psychological Factors Affecting Other Medical Conditions
- Body Dysmorphic Disorder and Pain Disorder
- Malingering

## Forensic Psychiatry

- Forensic Psychiatry: Introduction
- Informed Consent, Competency and Capacity
- Criminal Matters
- Malpractice

## Psychopharmacology

- Overview of Sedative and Hypnotic Drugs Sedative Hypnotics
- Benzodiazepines Sedative Hypnotics
- Barbiturates Sedative Hypnotics

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- Atypical Sedative Drugs
- Questions Sedative Hypnotics
- Case Study Sedative Hypnotics
- Overview Antidepressants
- Monoamine Oxidase Inhibitors (MAOIs) Antidepressants
- Tricyclic Antidepressants (TCAs) Antidepressants
- Heterocyclic Antidepressants (HCAs)
- SNRIs, Serotonin Antagonists and SSRIs Antidepressants
- Review Antidepressants
- Antidepressants: Case Study
- Overview Antipsychotics
- Effects of Increasing and Decreasing Dopamine Antipsychotics
- Bipolar Disorder Medication Antipsychotics
- Psychotic Disorder Medication Antipsychotics



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# **Pulmonology**

| Infections of the Respiratory Tract | 20 Videos |
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| Interstitial Lung Disease (ILD)     | 11 Videos |
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# Infections of the Respiratory Tract

- Respiratory Tract Infections: Introduction
- Respiratory Tract Infections: Classification
- Bronchitis
- Pneumonia: Overview
- Pneumonia: Classification
- Pneumonia: Signs and Symptoms
- Pneumonia: Diagnosis
- Pneumonia: Treatment
- Complications of Community Acquired Pneumonia
- Other Types of Pneumonia
- Bronchitis and Pneumonia: Summary
- Influenza Virus
- Subacute Lung Infections
- Tuberculosis: Epidemiology, Cause and Pathogenesis
- Tuberculosis Pathogenesis
- Clinical Manifestations and TB Case Histories
- Diagnosis of Tuberculosis
- Treatment of Tuberculosis
- Outcome of TB
- Tuberculosis: Summary

### Coronavirus

- Coronaviridae: Overview
- Characteristics of COVID-19
- COVID-19: Transmission
- COVID-19: Basic Reproduction Number

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- COVID-19: Case Fatality Rate (CFR) & Infection Fatality Rate (IFR)
- COVID-19: Epidemiology
- COVID-19: Pathogenesis
- COVID-19: Clinical Aspects
- COVID-19: Complications
- COVID-19: Diagnosis and Treatment
- COVID-19: Prevention
- COVID-19: Vaccines
- COVID-19: Efficacy, Effectiveness, and Side Effects of Vaccines
- COVID-19: Challenges and Prospects of Vaccine Development
- COVID-19: Clinical Case

### **Airway Diseases**

- Asthma: Lower Airways Obstruction
- Asthma: Clinical History
- Asthma: Subtypes and Diagnosis
- Asthma: Treatment
- Asthma: Acute Exacerbations
- Asthma: Complications
- Chronic Obstructive Pulmonary Disease (COPD): Overview
- Chronic Obstructive Pulmonary Disease (COPD): Symptoms
- Chronic Obstructive Pulmonary Disease (COPD): Clinical Signs
- Chronic Obstructive Pulmonary Disease (COPD): Tests & Investigations
- Chronic Obstructive Pulmonary Disease (COPD): Treatment
- Chronic Obstructive Pulmonary Disease (COPD): Acute Exacerbation
- Chronic Obstructive Pulmonary Disease (COPD): Complications and Associations
- Chronic Obstructive Pulmonary Disease (COPD): Summary
- Large Airways Obstruction: Causes

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- Large Airways Obstruction: Investigation and Treatment
- Bronchiectasis: Overview and Causes
- Bronchiectasis: Presentation and Clinical Signs
- Bronchiectasis: Diagnosis and Treatment
- Cystic Fibrosis and ABPA
- Hemoptysis and Major Hemoptysis: Definition and Treatment
- Other Airways Diseases: Summary

### Interstitial Lung Disease (ILD)

- Interstitial Lung Disease (ILD): Overview
- Interstitial Lung Disease (ILD): Pathology
- Pulmonary Fibrosis
- Pulmonary Fibrosis: Signs and Investigation
- Pulmonary Fibrosis: Clinical Recognition and CT Scans
- Pulmonary Fibrosis: Invasive Tests and Treatment
- Hypersensitivity Pneumonitis
- Pneumoconiosis
- Sarcoidosis
- Sarcoidosis: Extrapulmonary Manifestations
- Sarcoidosis: Histological Confirmation

### **Lung Cancer**

- Lung Cancer and Tumors: Overview
- Lung Cancer and Tumors: Pathogenesis
- Lung Cancer and Tumors: Presentation
- Local Invasion and Metastases
- Distal Metastases
- Paraneoplastic Syndromes

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- Differential Diagnosis of Suspected Lung Cancer
- Investigation of Suspected Lung Cancer
- Lung Cancer and Tumors
- Lung Cancer Staging (TNM)
- Treatment: Curable and Incurable NSCLC
- Treatment: SCLC
- Mesothelioma: Presentation and Management
- Pulmonary Fibrosis
- Less Common Lung Tumors
- Lung Cancer and Tumors: Summary

## Pulmonary Vascular Disease

- Pulmonary Vascular Disease: Introduction
- Pulmonary Emboli
- Diagnosis of Acute PE
- Treatment of PE
- Pulmonary Hypertension
- Chronic PE (Primary Pulmonary Hypertension)
- Treatment of Pulmonary Hypertension
- Cor Pulmonale
- Pulmonary Vasculitis

### Pleural Disease

- Pleural Disease: Introduction
- Transudates vs. Exudates
- Unilateral Pleural Effusions
- Pleural Tap
- Pleural Biopsy

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- Pneumothorax
- Tension Pneumothorax
- Empyema
- Pleural Thickening
- Asbestos Exposure and Pleural Disease

### Other Respiratory Disorders

- Disorders of Respiratory Physiology
- Acute Respiratory Distress Syndrome
- Patterns of Acid-base Disorders
- Treatment of Type 2 Respiratory Failure
- Obstructive Sleep Apnea
- Obesity Hypoventilation Syndrome
- Chest Wall and Muscle Disease

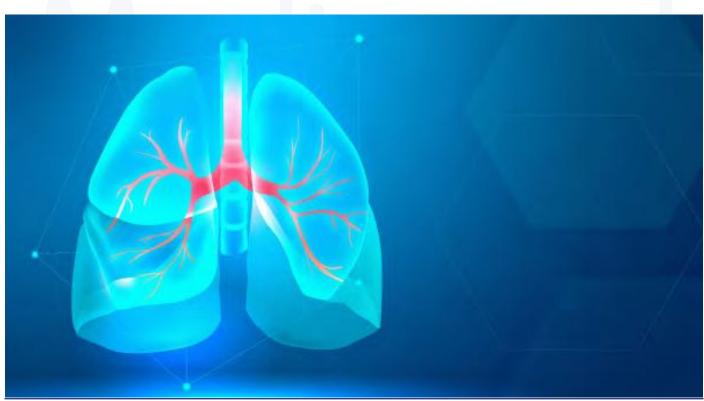
## Pediatric Pulmonology

- Pediatric (Childhood) Asthma: Pathology, Signs & Symptoms
- Pediatric (Childhood) Asthma: Clinical Presentation
- Pediatric (Childhood) Asthma: Diagnosis & Treatment
- Pediatric Asthma: Management
- Bronchiolitis: Causes and Risks
- Bronchiolitis: Diagnosis
- Bronchiolitis: Clinical Presentation & Management
- Cystic Fibrosis (CF): Pathology
- Cystic Fibrosis (CF): Clinical Presentation, Signs & Symptoms
- Cystic Fibrosis (CF): Diagnosis & Management
- Chronic Lung Disease of Prematurity (Bronchopulmonary Dysplasia BPD)

• Surfactant Deficiency

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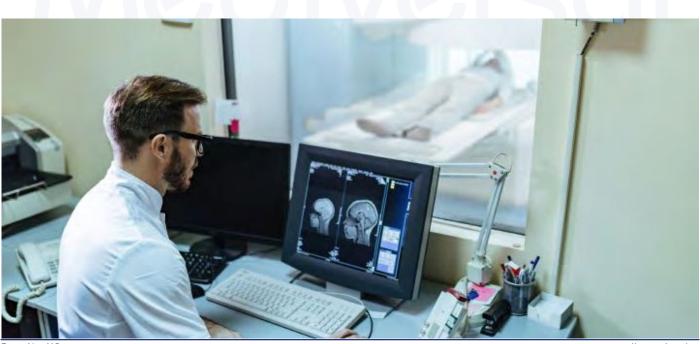
- Pulmonary Hypoplasia
- Diaphragmatic Hernia and Congenital Cystic Adenomatoid Malformation (CCAM)
- Pediatric Pulmonary Embolism (PE)
- Allergic Bronchopulmonary Aspergillosis (ABPA)
- Ciliary Dyskinesia
- Alpha-1 Antitrypsin Deficiency
- Pediatric Pneumothorax



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# Radiology

| Introduction to Imaging   | 07 Videos |
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# Rheumatology

| General Approach to Arthritis and Joint Pain | 10 Videos |
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# General Approach to Arthritis and Joint Pain

- Rheuma Case: 68-year-old Woman with Knee Pain
- Rheuma Case: 73-year-old Woman with Shoulder Pain
- Rheuma Case: 33-year-old Man with Posterior Heel Pain
- Approach to Arthritis: Review
- Rheuma Case: 54-year-old Man with Shoulder Pain
- Review: Shoulder Pathology and Anatomy
- Rotator Cuff Anatomy and Disease
- Adhesive Capsulitis (Frozen Shoulder)
- Rheuma Case: 54-year-old Woman with Acute Right Shoulder Pain
- Rheuma Case: 63-year-old Woman with Increasing Right Shoulder Pain

### **Connective Tissue Diseases**

- Rheuma Case: 59-year-old Man with Bilateral Wrist Pain and Swelling
- Rheumatoid Arthritis: Diagnosis, Pathogenesis, and Treatment
- Quick Review: Rheumatoid Arthritis
- Rheuma Case: 24-year-old Woman with Pleuritic Chest Pain and Dyspnea
- Systemic Lupus Erythematosus (SLE) Diagnostic Criteria (4-Skin-RASH-NIA)
- Differential Diagnosis for Systemic Lupus Erythematosus (SLE)
- Systemic Lupus Erythematosus (SLE): Complications and Management
- Quick Review: Drug-induced Lupus and Systemic Lupus Erythematosus (SLE)
- Rheuma Case: 57-year-old Man with Muscle Weakness
- Inflammatory Myopathies: Types, Diagnosis, Manifestations, Treatment
- Quick Review: Inflammatory Myopathies

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- Rheuma Case: 37-year-old Woman with Reflux and Facial Rash
- Systemic Sclerosis (CREST Syndrome): Complications and Management
- Quick Review: Systemic Sclerosis
- Rheuma Case: 54-year-old Woman with Seasonal Allergies
- Sjögren's Syndrome: Key Features and Management
- Quick Review: Sjögren's Syndrome

## **Spondyloarthritides**

- Spondyloarthritides
- Rheuma Case: 26-year-old Woman with Persistent Low Back Pain
- Ankylosing Spondylitis: Complications and Treatment
- Rheuma Case: 37-year-old Woman with Joint Pain
- Reactive Arthritis: Diagnosis and Management
- Rheuma Case: 46-year-old Man with Increasing Pain/Swelling in Fingers
- Psoriatic Arthritis: Diagnosis and Management
- Quick Review: Spondyloarthritides

### Non-Autoimmune Arthritis

- Rheuma Case: 27-year-old Man with Cough and Dyspnea
- Rheuma Case: 62-year-old Woman with Sore Legs and Dyspnea
- Sarcoidosis: Complications and Management
- Quick Review: Sarcoidosis
- Rheuma Case: 31-year-old Woman with Body Aches
- Fibromyalgia: Diagnosis and Management
- Quick Review: Fibromyalgia
- Rheuma Case: 48-year-old Man with Fevers, R Knee Pain and Swelling
- Non-gonococcal Septic Arthritis: Initial Treatment and Management
- Quick Review: Septic Arthritis

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#### **Vasculitides**

- Rheuma Case: 37-year-old Woman with Dyspnea and Abdominal Pain
- Vasculitis: Overview
- Polyarteritis Nodosa
- Anti-GBM Disease (Goodpasture's)
- ANCA-associated Vasculitis
- Eosinophilic Granulomatosis with Polyangiitis: Diagnosis and Management
- Rheuma Case: 14-year-old Girl with Abdominal Pain and Rash
- Kawasaki Disease: Features and Manifestations
- Large Vessel Vasculitides: Takayasu's and Giant Cell Arteritis
- Cryoglobulinemic Vasculitis
- IgA Vasculitis (Henoch-Schönlein)
- Quick Review: Vasculitis

# Miscellaneous Joint-related Disorders

- Rheuma Case: 52-year-old Man with Chronic Right Knee Pain
- Osteoarthritis: Risk Factors and Radiography
- Rheuma Case: 49-year-old Woman with R Proximal Thumb Pain
- Osteoarthritis: Treatment
- Quick Review: Osteoarthritis
- Rheuma Case: 51-year-old Man with R Knee and L Ankle Pain
- Gout: History, Pathophysiology
- Gout: Diagnosis and Treatment
- Pseudogout (CPPD)
- Quick Review: Gout and Pseudogout

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### Personal & Business Skills

Effective Communication in the Workplace (EN) 07 Videos

Public Speaking: Introduction and Basics (EN) 07 Videos

Conflict Management (EN) 08 Videos

Meditations for Healthcare Students and Workers 07 Videos



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# Why Mediversal?



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