



Clinical Psychiatry

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Overview

Psychiatry is the branch of medicine that focuses on the pharmacological and nonpharmacological diagnosis and management of mental, emotional, and behavioral illnesses. In the past, such illnesses were often attributed to spiritual maladies or possessions. Modern psychiatry was developed in the late 19th century to provide a clinical explanation of mental phenomena.

In this course, students will be introduced to the general concepts of every group of psychiatric disorders and forensic psychiatry and taught how to conduct a psychiatric assessment. For optimal comprehension, students are expected to have a good grasp of human physiology, neurological pathology, clinical interrogation and examination, and pharmacology.

All individuals undergo a certain level of psychological distress during a disease process. It is incorrect and unacceptable to describe them as “crazy.” Good knowledge of psychiatry enables competent clinicians to observe behavioral patterns that might hint at deeper psychiatric phenomena, such as depression and anxiety. Moreover, it helps them differentiate between symptoms related to physical maladies and those resulting from mental illnesses. Furthermore, prompt recognition of psychiatric emergencies, such as suicidal ideations or aggression toward others, can ensure the safety of the affected individual and others in the ER.

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Psychiatric Assessment

- Psychiatric History
- Taking the History
- Mental Status Exam
- Suicide Risk Assessment
- Biopsychosocial Formulation
- Types and Application of Psychotherapy
- Types of Psychotherapy

Personality Disorders

- Behavioral Theories and Sigmund Freud
- Mature Defenses
- Neurotic Defenses
- Immature Defenses
- Other Defenses
- Overview of Personality Disorders
- Cluster A Personality Disorders
- Cluster B Personality Disorders
- Cluster C Personality Disorders

Schizophrenia & Thought Disorders

- Psychosis, Delusions and Hallucinations
- Thought Disorders
- Schizophrenia: Epidemiology and Pathophysiology
- Schizophrenia: Assessment
- Schizophrenia: Treatment

- Antipsychotics
- Neuroleptic Malignant Syndrome and Catatonia
- Atypical Antipsychotics

Mood Disorders

- Depression: Definition and Pathogenesis
- Depression: Diagnosis and Symptoms
- Depression: Types
- Depression: Screening and Treatment
- Antidepressants
- Major Depression: Treatment
- Bipolar Disorder: Definition, Types and Diagnosis
- Bipolar Disorder: Causes, Assessment
- Bipolar Disorder: Diagnosis and Major Depression
- Bipolar Disorder: Treatment
- Mood Stabilizers

Anxiety & Stress-Related Disorders

- Panic and Agoraphobia
- Panic: Diagnosis and Management
- Cognitive Behavioral Therapy (CBT)
- Obsessive Compulsive Disorder (OCD)
- OCD: Types, Assessment and Treatment
- Phobias
- Post-Traumatic Stress Disorder (PTSD)
- PTSD: Management
- Anxiolytics

Control Disorders

- Substance-related Disorders and Addictive Disorder
- Alcohol and Delirium
- Wernicke Encephalopathy and Korsakoff's Syndrome
- Substance-related Disorders and Addictive Disorders
- Substance-related Disorders
- Impulse Control Disorder
- Intermittent Explosive Disorder (IED)
- Gambling Disorder
- Kleptomania
- Pyromania
- Trichotillomania (TTM)
- Eating Disorders
- Bulimia Nervosa
- Binge Eating Disorder

Mild & Major Neurocognitive Disorders

- Assessing Cognitive Disorders
- Neurocognitive Disorders
- Neurocognitive Disorders: Causes
- Delirium
- Delirium: Diagnosis and Management
- Difference between Delirium and Dementia
- Childhood Development
- Disruptive Behavioral Disorders
- Attention-Deficit/Hyperactivity Disorder (ADHD): Diagnosis
- ADHD: Management

- Pervasive Developmental Disorders
- Disorders and Treatment Considerations in Older Adults: Depression

Dissociative Disorders

- Dissociative Disorders: Overview
- Dissociative Amnesia
- Dissociative Fugue
- Dissociative Identity Disorder
- Depersonalization and Derealization Disorder
- Somatization
- Somatization Disorder
- Somatization Disorder Assessment
- Past Medical Illness
- Somatic Symptom and Other Disorders
- Psychological Factors Affecting Other Medical Conditions
- Body Dysmorphic Disorder and Pain Disorder
- Malingering

Forensic Psychiatry

- Forensic Psychiatry: Introduction
- Informed Consent, Competency and Capacity
- Criminal Matters
- Malpractice

Psychopharmacology

- Overview of Sedative and Hypnotic Drugs – Sedative Hypnotics
- Benzodiazepines – Sedative Hypnotics
- Barbiturates – Sedative Hypnotics
- Atypical Sedative Drugs
- Questions – Sedative Hypnotics
- Case Study – Sedative Hypnotics
- Overview – Antidepressants
- Monoamine Oxidase Inhibitors (MAOIs) – Antidepressants
- Tricyclic Antidepressants (TCAs) – Antidepressants
- Heterocyclic Antidepressants (HCAs)
- SNRIs, Serotonin Antagonists and SSRIs – Antidepressants
- Review – Antidepressants
- Antidepressants: Case Study
- Overview – Antipsychotics
- Effects of Increasing and Decreasing Dopamine – Antipsychotics
- Bipolar Disorder Medication – Antipsychotics
- Psychotic Disorder Medication – Antipsychotics

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Mediversal Academy

A-504B, Unitech Arcadia, South City-2,
Sector-49, Gurgaon (Delhi-NCR)

Branch: Vijayanagar, Bangalore (Karnataka)

+91 97178 59318

contact@mediversal.co.in

www.mediversal.co.in

