



Aesthetic Medicine

General Topics

- What Is Aesthetic Medicine?
 - Ethics
 - Scope of business
 - Ethnic considerations
- Anatomy & Physiology of Face:
 - Skin
 - Muscles
 - SMAS
 - Fat Pads
 - Blood Vessels
 - Nerve Supply
 - Bone
- Facial Ageing Process
- Skin Classification & Types
- Women Vs Men
 - Facial features
 - Ageing process
 - Aesthetic and treatment goals
- Aesthetic Facial Assessment
- Aesthetic Consultation
- Informed Consent In Aesthetic Medicine
- Skin Preparation & Conditioning
- Photography For Medical Aesthetics

Chemical Peels

- Peel Classification Based On Depth & Chemical Composition
- Combination Peels
- Specific Peeling Agents –
 - Glycolic acid
 - Tca

- Salicylic acid,
- Jessner's
- Mandelic acid
- Retinol
- Others
- Indications
- Contraindications
- Application Method And End Point
- Mechanism Of Action
- Specific Side Effect
- Pre- Procedure Care And Conditioning
- Post-procedure Care
- Side Effects
- Management Of Complications
- Informed Consent For Chemical Peels

Lasers

- Laser Physics
- Laser Characteristics
- Introduction To Lasers
- Laser Tissue Interactions
- Overview Of Clinical Applications
- Laser Safety
- Types Of Lasers:
 - Ablative lasers
 - Non-Ablative Laser
 - Lasers for Pigmentation & Tattoo removal
 - Laser Skin Resurfacing
 - Vascular Lasers
 - Laser Hair Reduction
- Pre- Procedure Care And Conditioning

- Post-procedure Care
- Side Effects
- Management Of Complications
- Informed Consent For Lasers

Hair & Scalp

- Anatomy
- Physiology
- Normal Hair Growth
- Trichoscopy
- Hair Loss:
 - Etiology
 - Pathophysiology
 - Management
- Management Of Other Common Hair
- Conditions
- Management Of Common Scalp
- Conditions
- Hair Treatment Procedures

PRP Therapy

- PRP Preparation Technique
- PRP Indications
 - Facial Rejuvenation
 - Hand Rejuvenation
 - Hair Restoration
 - Scar Treatment
 - Acne Treatment
- Management Of Complications
- Informed Consent For PRP Therapy

Mesotherapy

- Definition
- Mechanism Of Action
- Techniques And Depth Of Injection
- Mesotherapy Devices
- Indications
 - Facial Rejuvenation
 - Hand Rejuvenation
 - Hair Restoration
 - Scar Treatment
 - Acne Treatment
- Complications
- Management Of Complications
- Informed Consent For Mesotherapy

Botulinum Toxin Type A

- Introduction
- Mechanism Of Action
- Applied Facial Anatomy & Injectables
- Facial Wrinkles Classification
- Facial Contouring
- Patient Facial Analysis
- Patient Selection & Treatment Goal
- Indications
- Duration Of Action
- Dilution
- Systematic Planning Of Injection Points
- Appropriate Dose Calculation
- Injection Technique And Depth

- Informed Consent
- Pre- Procedure Care And Conditioning
- Local Anaesthesia
- Complications
- Management Of Complications
- Upper Face Indications
- Mid Face Indications
- Lower Face & Neck Indications
- Non-aesthetic Indications

Dermal Fillers

- Introduction
- Mechanism Of Action
- Applied Facial Anatomy & Injectables
- Facial Wrinkles Classification
- Facial Contouring
- Types Of Dermal Fillers
- Patient Facial Analysis
- Patient Selection & Treatment Goal
- Indications
- Duration Of Action
- Systematic Planning Of Injection Points
- Appropriate Dose Calculation
- Injection Technique And Depth
- Informed Consent
- Pre- Procedure Care And Conditioning
- Local Anaesthesia
- Complications
- Management Of Complications

- Upper Face Indications
- Mid Face Indications:
- Lower Face & Neck Indications

Thread Lift

- Introduction
- Mechanism Of Action
- Patient Facial Analysis
- Patient Selection & Treatment Goal
- Indications
- Systematic Planning Of Introduction Points
- Thread Implantation Technique
- Duration Of Action
- Informed Consent
- Pre- Procedure Care And Conditioning
- Local Anaesthesia
- Complications
- Management Of Complications

Common Skin Conditions

- Microdermabrasion
- IPL
- Hydrafacial
- Oxyfacial
- Mnrf
- Injectable Skin Moisturisers
- Body Contouring Devices
 - RF
 - HIFU
 - Cool Sculpting

- Cosmoceuticals
 - Importance of skincare
 - Pharmacology & chemical compositions
 - Daily skincare regimes according to skin type
 - Sun protection

Aesthetic Clinic Set-up

- How To Start Your Aesthetic Practice
- How To Set Up An Aesthetic Clinic
- Logistical Considerations
- Ethical Considerations
- Medico-legal In Aesthetic Practice
- Marketing Strategies
- Aesthetic Armamentarium

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NMC Guideline	✓ Advantages in accordance with provision 1.4.2 of NMC regulations	⚠ Not all. (Very few)
Renowned International faculties	✓ Yes	⚠ Only for few subjects
Faculty to learner ratio	✓ 1:10	✓ 1:50 or 1:75
Case based learning	✓ Yes	✗ No
AI supported learning	✓ Yes	✗ No
Live Interaction Sessions	✓ Yes	✗ No
Clinical Attachments	✓ Yes (Case to Case basis)	✓ Yes
Associated with Hospitals for Clinical Training	✓ Yes	✓ Yes
Books	✓ Yes (Printable Pdf copy)	✗ No
Complementary e-Learning Module & Certification	✓ Yes	✗ No
Learner Support	✓ Yes	✗ No
Community of Doctors for peer support (Mediversal Alumni only)	✓ Yes	✗ No
Alumni Support	✓ Yes	⚠ Only a few
e-Certification	✓ Yes	✓ Yes
Physical Certification	✓ Yes	⚠ Only a few
Lifetime certificate validity	✓ Yes	✓ Yes
Digital Marketing and Business Support for your hospital/clinic	✓ Yes	✗ No
Admission process	✓ Smooth, Transparent & all details provided	⚠ Spamming through multiple channels.
Data and privacy protection	✓ Yes	✗ No
CME access	✓ Yes (Lifetime)	✗ No
Medico Legal Session	✓ Yes (Free. By renowned high court advocates)	✗ No
National Level Felicitation Award (for Mediversal Alumni)	✓ Yes	✗ No



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