

# Clinical Psychiatry

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## **Clinical Psychiatry**

#### Overview

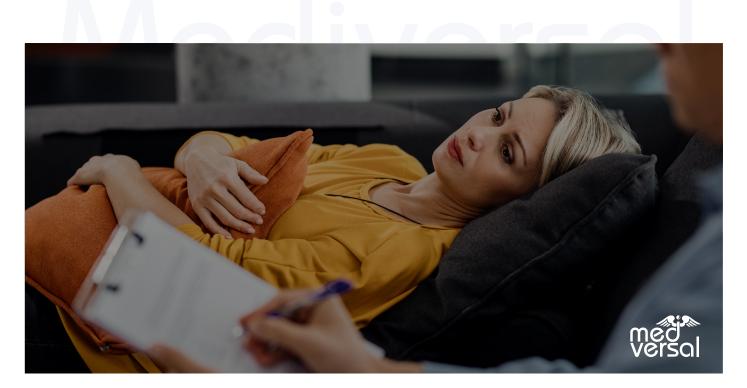
Psychiatry is the branch of medicine that focuses on the pharmacological and nonpharmacological diagnosis and management of mental, emotional, and behavioral illnesses. In the past, such illnesses were often attributed to spiritual maladies or possessions. Modern psychiatry was developed in the late 19th century to provide a clinical explanation of mental phenomena.

In this course, students will be introduced to the general concepts of every group of psychiatric disorders and forensic psychiatry and taught how to conduct a psychiatric assessment. For optimal comprehension, students are expected to have a good grasp of human physiology, neurological pathology, clinical interrogation and examination, and pharmacology.

All individuals undergo a certain level of psychological distress during a disease process. It is incorrect and unacceptable to describe them as "crazy." Good knowledge of psychiatry enables competent clinicians to observe behavioral patterns that might hint at deeper psychiatric phenomena, such as depression and anxiety. Moreover, it helps them differentiate between symptoms related to physical maladies and those resulting from mental illnesses. Furthermore, prompt recognition of psychiatric emergencies, such as suicidal ideations or aggression toward others, can ensure the safety of the affected individual and others in the ER.

## Topics

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#### **Psychiatric Assessment**

- Psychiatric History
- Taking the History
- Mental Status Exam
- Suicide Risk Assessment
- Biopsychosocial Formulation
- Types and Application of Psychotherapy
- Types of Psychotherapy

#### **Personality Disorders**

- Behavioral Theories and Sigmund Freud
- Mature Defenses
- Neurotic Defenses
- Immature Defenses
- Other Defenses
- Overview of Personality Disorders
- Cluster A Personality Disorders
- Cluster B Personality Disorders
- Cluster C Personality Disorders

#### Schizophrenia & Thought Disorders

- Psychosis, Delusions and Hallucinations
- Thought Disorders
- Schizophrenia: Epidemiology and Pathophysiology
- Schizophrenia: Assessment
- Schizophrenia: Treatment

- Antipsychotics
- Neuroleptic Malignant Syndrome and Catatonia
- Atypical Antipsychotics

#### **Mood Disorders**

- Depression: Definition and Pathogenesis
- Depression: Diagnosis and Symptoms
- Depression: Types
- Depression: Screening and Treatment
- Antidepressants
- Major Depression: Treatment
- Bipolar Disorder: Definition, Types and Diagnosis
- Bipolar Disorder: Causes, Assessment
- Bipolar Disorder: Diagnosis and Major Depression
- Bipolar Disorder: Treatment
- Mood Stabilizers

#### Anxiety & Stress-Related Disorders

- Panic and Agoraphobia
- Panic: Diagnosis and Management
- Cognitive Behavioral Therapy (CBT)
- Obsessive Compulsive Disorder (OCD)
- OCD: Types, Assessment and Treatment
- Phobias
- Post-Traumatic Stress Disorder (PTSD)
- PTSD: Management
- Anxiolytics

#### **Control Disorders**

- Substance-related Disorders and Addictive Disorder
- Alcohol and Delirium
- Wernicke Encephalopathy and Korsakoff's Syndrome
- Substance-related Disorders and Addictive Disorders
- Substance-related Disorders
- Impulse Control Disorder
- Intermittent Explosive Disorder (IED)
- Gambling Disorder
- Kleptomania
- Pyromania
- Trichotillomania (TTM)
- Eating Disorders
- Bulimia Nervosa
- Binge Eating Disorder

### Mild & Major Neurocognitive Disorders

- Assessing Cognitive Disorders
- Neurocognitive Disorders
- Neurocognitive Disorders: Causes
- Delirium
- Delirium: Diagnosis and Management
- Difference between Delirium and Dementia
- Childhood Development
- Disruptive Behavioral Disorders
- Attention-Deficit/Hyperactivity Disorder (ADHD): Diagnosis
- ADHD: Management

- Pervasive Developmental Disorders
- Disorders and Treatment Considerations in Older Adults: Depression

#### **Dissociative Disorders**

- Dissociative Disorders: Overview
- Dissociative Amnesia
- Dissociative Fugue
- Dissociative Identity Disorder
- Depersonalization and Derealization Disorder
- Somatization
- Somatization Disorder
- Somatization Disorder Assessment
- Past Medical Illness
- Somatic Symptom and Other Disorders
- Psychological Factors Affecting Other Medical Conditions
- Body Dysmorphic Disorder and Pain Disorder
- Malingering

#### Forensic Psychiatry

- Forensic Psychiatry: Introduction
- Informed Consent, Competency and Capacity
- Criminal Matters
- Malpractice

#### Psychopharmacology

- Overview of Sedative and Hypnotic Drugs Sedative Hypnotics
- Benzodiazepines Sedative Hypnotics
- Barbiturates Sedative Hypnotics
- Atypical Sedative Drugs
- Questions Sedative Hypnotics
- Case Study Sedative Hypnotics
- Overview Antidepressants
- Monoamine Oxidase Inhibitors (MAOIs) Antidepressants
- Tricyclic Antidepressants (TCAs) Antidepressants
- Heterocyclic Antidepressants (HCAs)
- SNRIs, Serotonin Antagonists and SSRIs Antidepressants
- Review Antidepressants
- Antidepressants: Case Study
- Overview Antipsychotics
- Effects of Increasing and Decreasing Dopamine Antipsychotics
- Bipolar Disorder Medication Antipsychotics
- Psychotic Disorder Medication Antipsychotics

## Why Mediversal?

CPD hours/ Credit NMC Guideline Ø

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110 hours/Credit	
Advantages in accordance with provision 1.4.2 of NMC regulations	
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Yes (Case to Case basis)	
Yes	
Yes (Printable Pdf copy) Yes	
Yes	•
Yes	
Smooth, Transparent & all details provided	
Yes	
Yes (Lifetime)	
Yes (Free. By renowned high court advocates)	
Yes	

3-50 hours/Credit Not all. (Very few) Only for few subjects 1:50 or 1:75 No x No × No x Yes Yes No x No x x No x No Only a few Yes  $\checkmark$ Only a few Yes No x Spamming through multiple channels. x No No x No x No x





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